

Wheatbelt Support Services Directory

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1. Alcohol and Other Drug Services

Holyoake

- Active Recovery Team

Mental health and wellbeing care and support designed to help reduce alcohol and drug-related harm and in-patient hospital admissions.

- Alcohol Interlock Scheme

Counselling services in Victoria Park, Midland and across the Wheatbelt for people convicted of drink driving offences.

- Cannabis Intervention Program

Counselling provided as part of the Cannabis Intervention Requirement (CIR) scheme for young people aged 14-17.

- Community Capacity Building, Training and Education

Mental health and suicide prevention training, education and support for healthcare professionals and community partners.

- Eclipse Program

A safe, non-judgemental virtual support group for people in the Wheatbelt who have survived a suicide attempt.

- Head to Health

Mental health support for adults with their own or another's mild to moderate mental ill health.

- Individual Counselling

One-to-one counselling in a safe, caring, and non-judgemental environment for individuals, couples and families impacted by alcohol, other drugs, or related mental ill health.

- Integrated Support Team

Case management, peer, and GP support for people with complex and ongoing support needs, complementing existing counselling and pharmacotherapy services.

- WA Diversion Program

Breaking the cycle of offending by providing counselling that helps offenders, with AOD-related concerns, address their use and related harm.

- Wheatbelt AOD Prevention Services

Coordination and support of stakeholders, organisations and community groups in the development, implementation, and evaluation of AOD harm minimisation initiatives, including community events, community wellbeing plans and the creation and promotion of educational campaigns and training opportunities. Further oversight of the Wheatbelt VSU Incident Reporting Program.

- Wheatbelt Suicide Prevention Services

Promoting wellbeing, reducing risk factors, and enhancing protective factors at a community level to prevent the development of suicidal behaviour.

- Aftercare Co-ordinator (Suicide Postvention)

Personalised support and case management for people following a suicide attempt, available throughout the Wheatbelt.

Contact details:

Northam (Main Office)
133 Fitzgerald Street East, Northam WA 6401
Phone: 9621 1055 or 1800 447 172
Email: adminnortham@holyoake.org.au

Narrogin
80 Federal Street, Narrogin WA 6312
Phone: 9881 1999 or 1800 447 172
Email: adminnortham@holyoake.org.au

Merredin
Kitchener Road, Merredin WA 6415
Phone: 9081 3396 or 1800 447 172
Email: adminnortham@holyoake.org.au

We also offer outreach services across the Wheatbelt.

Website – [Holyoake: Free Alcohol, Drug & Mental Health Support In WA](#)

Fresh Start

- Northam Recovery Program

Our Northam residential treatment program offers clients 24 hr care in a supportive environment away from triggers and negative influences, which decreases the likelihood of relapse. Both residents and staff members participate in a Modified Therapeutic Community model in addition to regular and ongoing group therapy programs that help establish healthy behaviour and thought patterns.

Northam Recovery Program is a comprehensive residential program focused on recovery. Residents commence their recovery journey at Northam Recovery Centre and, on completion, can move to The Hill for the next phase of treatment. Both facilities have the same core program, but with differing activities, programs, and responsibilities.

Clients interested in entering the Northam Recovery Program meet with a case coordinator and receive an information brochure and some basic information about the program. Potential residents and former clients who want to engage or return to the Northam Recovery Program can attend a weekly Outreach program at our Subiaco clinic.

Following assessment, patients are required to complete the following steps before progressing to Northam:

- Northam Intake & Assessment paperwork
- Medical assessment
- Outreach Program
- Suitability assessment (*if applicable*)
- Mental Health Care Plan
- UDS (Urine Drug Screen which must be clear of all illicit substances)
- Legal issues (current and previous)
- NRP Rent Paperwork (Centrelink set up)
- First 2 weeks rent paid upfront
- Ambulance cover
- Up-to date Covid 19 vaccine status certificate provided

Once all steps of the process are completed, clients are able to make the transition to Northam where the next part of their recovery journey begins.

- Northam Recovery Centre

The Northam Recovery Centre is where residents will commence their recovery journey.

Each resident is allocated their own bedroom with storage for personal belongings. All rooms have both air-conditioners and heaters, and linen is provided for the duration of their stay. All meals are prepared and delivered fresh daily.

The Centre is a 3-story centre with sleeping quarters, common areas, gardens and vegetable patch. There is also a range of art supplies provided for residents who want to explore and develop their creative talents.

Residents may use the gym and other sporting and educational facilities in Northam during designated program times.

The program runs on a structured timetable with groups, free time, meals, and chores. Maintenance of the property is an important part of the program, and all residents assist with normal household tasks including cooking, cleaning, gardening, and general maintenance.

Residents are encouraged to invite their families to visit them on Family Day, held on the last Saturday of each month at our second facility, The Hill.

- The Hill

The Hill is located 8 km outside Northam on an expansive 85-acre rural property. This stage of the program provides incentive and opportunity for residents to build their skills and make changes to manage their recovery in a supportive environment.

Once the residents have completed their program at the Northam Recovery Centre, they have the opportunity to graduate to The Hill to complete the work readiness program. There, the residents will

benefit from a country lifestyle, learning practical skills with a strong emphasis on returning to work. Residents living at The Hill will play an active role in our Social Enterprises.

Contact details:

Subiaco
65 Townshend Road, Subiaco WA 6008
Phone: 9381 1333
Email: info@freshstart.org.au

Website - [Alcohol and Drug Rehabilitation Perth | Fresh Start](#)

2. Mental Health Services

Wheatbelt Mental Health

The Wheatbelt Mental Health Service provides free, confidential, quality, community mental health care to people in the region.

This includes comprehensive assessment and treatment for people with mental health problems, as well as training and support to other organisations and professionals.

- Aboriginal Mental Health Program

An Aboriginal mental health program offered for all ages in the Wheatbelt region. By combining concepts of social and emotional wellbeing and Aboriginal ways of working, Aboriginal Mental Health Workers improve treatment outcomes for Aboriginal clients within both community mental health services and inpatient care.

- Child and Adolescent Mental Health Service

The Child and Adolescent Mental Health Service has a multidisciplinary team to assist young people up to 18 years of age and their families who live in the Wheatbelt. The service offers specialised assessment, treatment and support to children, youth and their families and carers who are experiencing emotional and/or mental health problems.

- Youth Mental Health Program

The Wheatbelt Youth Mental Health Service provides confidential assessment, treatment, and management of mental health issues for people aged between 15 and 24 years old. The team helps to establish links with community mental health organisations and support long-term positive mental health.

- Adult Mental Health Service

The Wheatbelt Adult Mental Health Service provides confidential assessment, treatment, and management of mental health issues for people aged between 18 and 65 years old in the region.

- Seniors Mental Health Service

The Wheatbelt Mental Health Service provides support for people aged 65 and over, or 55 and over for Aboriginal people, who have existing mental health issues, dementia related difficulties and long-term mental health disorders.

Contact details:

Northam
Unit 10, 210 Fitzgerald Street, Northam WA 6401
Phone: 9621 0999

Narrogin
Ambulatory Care, 43 Williams Road, Narrogin WA 6312
Phone: 9881 0333

Merredin
37 Kitchener Road, Merredin, WA 6415
Phone: 9081 3382

Gingin
Gingin Business Centre, Unit 1, Brockman Street, Gingin WA 6503
Phone: 9575 1827

Visiting services available at other Wheatbelt health services as required. Outreach services are available through telephone and video consultations.

Website - [WA Country Health Service - Wheatbelt Mental Health Services](#)

Headspace

headspace Northam is linked to headspace Midland which is a service tailored for the local community.

headspace Northam is a free and confidential service for young people aged 12-25. The service is designed to make it as easy as possible for a young person and their family to get the help they need for problems affecting their well-being.

The headspace Northam centre offers both face-to-face and telehealth (virtual help) appointments.

Contact details:

Northam
98 Fitzgerald Street East, Northam, Western Australia 6401

Phone: 9621 5000

Email: reception@headspacenortham.com.au

Website - [headspace Northam | Youth Mental Health Centre & Services](#)

Amity Health

- Mental Health Counselling Program

Through Amity Health's funded Integrated Primary Mental Health Care program, they offer counselling services for people who are experiencing mental health challenges, at no cost to the client. Clinicians will work alongside individuals with the aim to help them optimise their mental health and wellbeing. This service is offered in Bindoon, Gingin, Jurien Bay, Lancelin, Merredin, Moora, Narrogin, Northam, and Southern Cross.

- Mental Health Counselling in Residential Aged Care Facilities (Connections Count Program)

As we age, we are often faced with challenges and change that can have an impact on our mental health. Through a funded program called 'Connections Count', Amity Health provide mental health counselling, at no cost to the client, for those living with mild to moderate mental health issues at various Residential Aged Care Facilities (RACF) throughout the Great Southern, Midwest, South West and Wheatbelt regions. This service is offered in Brookton, Kellerberrin, Narrogin, Northam, Wagin, and York.

Contact details:

Northam

12 Grey Street, Northam WA 6401

Phone: 9842 2797

Email: query@amityhealth.com.au

Narrogin

107b Federal Street, Narrogin WA 6312

Phone: 9842 2797

Email: query@amityhealth.com.au

Merredin

4/11 Mitchell Street, Merredin WA 6415

Phone: 9842 2797

Email: query@amityhealth.com.au

Moora

9/11 Dandaragan Street, Moora WA 6510

Phone: 9842 2797

Email: query@amityhealth.com.au

Website - [Wheatbelt Region — Amity Health \(squarespace.com\)](http://Wheatbelt Region — Amity Health (squarespace.com))

Wheatbelt Agcare

A free, mobile Family Counselling Service for individuals, couples and families experiencing a challenge or issue in their lives requiring assistance to cope, improve their wellbeing and identify options available to them. Service available to Individuals, Couples and Families residing in the Central and Northern Eastern Wheatbelt, including the Shires of Dowerin, Kellerberrin, Koorda, Merredin, Mount Marshall, Mukinbudin, Nungarin, Tammin, Trayning, Westonia, Wyalkatchem and Yilgarn.

Contact details:

Nungarin

36 First Avenue, Nungarin WA 6490

Phone: 9046 5091

Email: wheatbeltfamily@wn.com.au

Website - Family Support » Shire of Nungarin

Central Agcare

A free, mobile Family Counselling Service for individuals, couples and families experiencing a challenge or issue in their lives requiring assistance to cope, improve their wellbeing and identify options available to them. Service available to Individuals, Couples and Families residing in Brookton, Bruce Rock, Corrigin, Hyden, Kondinin, Kulin, Narembeen, Pingelly, Quairading, and Wickepin.

Contact details:

Corrigin

20 Kirkwood St, Corrigin WA 6375

Phone: 9063 2037

Email: ceagcare@bigpond.com

YouthCARE

- School Chaplaincy

YouthCARE Chaplains support the social, emotional, and spiritual well-being of the school community while demonstrating their values of respect, compassion, and service. YouthCARE chaplains focus on the well-being of your school community to make a real difference in the educational outcomes of students.

Contact details:

Morley

Unit 1/103 Catherine St, Morley, WA 6062

Phone: 9376 5000

Website - [YouthCARE | WA's Leading Provider of Chaplaincy | Home](#)

Share and Care

- Mental Health Support Service

Provides non-clinical support to people with severe and/or persistent psychiatric illness to develop/maintain living & social skills.

This service also encourages the consumer to participate in community life and activities & decrease the burden of care for the Carers. Consumers must provide a referral from the Wheatbelt Mental Health Team, GP, Psychiatrist or Psychologist.

This service covers the Wheatbelt.

Contact details:

Northam (Main Office)

88 Wellington Street, Northam WA 6401

Phone: 9622 5195

Email: admin@shareandcare.com.au

Website - [Share and Care Community Services](#)

Wheatbelt Psychology Services

- Psychological Therapy

Wheatbelt Psychology provide a compassionate and safe space for individuals to work through mental health issues and well-being concerns. Therapies include Cognitive Behavioural Therapy (CBT), Dialectical Behavioural Therapy (DBT), Brief Solution-Focused Therapy and Mindfulness.

- Positive Behaviour Support

Wheatbelt Psychology work with families who are navigating the complexities of challenging behaviours. Their mission is to help families understand the unique needs of their loved ones and provide them with the tools and strategies they need to improve the quality of life for both the individual and their caregivers.

- Cognitive Assessment

Contact details:

Toodyay

PO Box 694, Toodyay WA 6566

Phone: 0499 696 265

Email: admin@wheatbeltpsychology.com.au

Website - [Wheatbelt Psychology Services](#)

Luminos Project

The Luminos Project is set up to support young people aged 16-24 who are willing and able to meaningfully and safely work on their suicidal ideation in a 4–5-day residential sanctuary environment in inner city Perth. The program aims to facilitate sustainable recovery and growth from suicidal ideation and behaviour by providing a safe therapeutic space to explore what may be contributing to and behind these challenges; and build skills, connections, resources and hope to better cope with and address these challenges.

The program integrates the ASIST and Suicide to Hope frameworks with clinical psychology and counselling input from intake and brings in DBT skills and formal and informal counselling opportunities throughout. The group sessions only focus on DBT skills building (not exploring SI), however one-to-one sessions are available to explore SI more deeply. DBT skills and emotional support are integrated into all house activities, including the exploration of the surrounding area (Nature etc), relaxation and downtime. All clients are supported with integrated safety plans and discharge plans that are informed by ASIST, Suicide to Hope and clinical input, with referrals provided to other services as needed.

As an early intervention service, they do not have the capacity to hold young people who are unable to stay safe in the house, or with complex or acute risk presentations that would prevent safe and meaningful engagement in the service; and/or young people who would be better supported by another service (e.g. hospital inpatient or psychiatric services). They do however assess clients' suitability on a case-by-case basis. The intake process starts with a young person filling out a pre-intake form (link below) and is conducted via multiple phone calls over a 1-2 week process (sometimes longer). It can therefore take from one week (to multiple) for young people

to enter the house, and this depends on multiple factors. If Ruah Community Services feel they are not the best fit for a young person's needs, they will always facilitate re-direction to more appropriate supports/ services.

Contact details:

Perth

Pre-intake Form: [Pre-intake form - The Samaritans](#)

Phone: 6230 3903

Email: luminos.project@ruah.org.au

3. Family and Domestic Violence Services

Share and Care

- Family and Domestic Violence Child Support

A trained child support worker is on site and will relieve the parent of care if she needs to attend appointments.

The support may include outings with the parents' permission, liaison with schools for enrolments, play therapy, referrals for mother and or child to a host of other agencies that may assist with the variety of needs the consumer presents with.

These services cover the Wheatbelt and Upper Great Southern, based in Northam and Narrogin.

- Family & Domestic Violence Co-ordinated Response Service

This team will participate in a joint assessment of Family and Domestic Violence Incident Reports with Police and Department of Communities (Child Protection Services), to achieve victim safety and perpetrator accountability.

- Participate in the assessment using the Common Risk Assessment and Risk Management Framework.
- Participate in triage of responses with Department for Child Protection & Police
- Participate in a multi-agency response for high-risk cases.
- Referrals to appropriate services i.e. Safe at Home.

This service covers the Wheatbelt.

- Narrogin Outreach Counselling Service

This program offers outreach support to women who have recently utilised the Women's Refuge or feel they need support to work through Family & Domestic Violence issues in their existing relationships.

Our Support Workers maintain confidentiality, are highly skilled and will provide women with referrals to other agencies, court support and teach daily living skills where requested. Support for the clients is ongoing until the client indicates the support is no longer required.

This service covers the Upper Great Southern.

- Rainbow Women's Centre, Narrogin

Provides safe accommodation for women & children escaping domestic or family violence and homeless women. Referrals for financial assistance, medical issues, legal matters, and transport to safe accommodation.

Consumers can access the refuge 24 hours, 7 days a week on the freecall crisis line 1800 007 570, this line is answered by fully trained support workers.

The refuge can accommodate up to three families in a communal style living arrangement. On exiting the refuge clients are offered an outreach service, which may include programs and emotional or physical support and referrals to other agencies. Financial support for emergency food is available on a limited situation, while residing at the refuge.

Support workers provide clients with programs which include safety plans, goal setting, budgeting, the cycle of violence, self-esteem and the effects of family and domestic violence has on children. Limited transport is available for access to safe accommodation or appointments etc.

This service covers the Upper Great Southern.

- Magnolia Women's Centre, Northam

For women escaping Family or Domestic Violence and their children. The refuge can accommodate 2 single women and large families, featuring four family rooms and a total of ten beds, in separate fully equipped unit style accommodation.

The refuge operates 24 hours 7 days per week, the support staff are contactable on 1800 353 122. This is a free and confidential service. This number can be use for telephone support and counselling, to obtain transport to get to safe accommodation or information packages on family and domestic violence.

The refuge is monitored daily with a duress alarm system and safety gates to ensure safe supported accommodation.

The worker may be able to be of assistance in regard to court appearances for violence restraining order or family court issues. The worker can provide basic counselling and outreach support if

accommodation is not required. The refuge provides programs for women on budgeting, goal setting, safety plans, the effects family and domestic violence has on children, self-esteem, and the cycle of violence.

This service covers the Wheatbelt.

- Safe at Home

Safe at Home provides specialist workers to assess safety and support the needs of women and children to remain in their homes, where it is safe to do so after a Family and Domestic Violence incident or ongoing violence in the home.

Once a referral or WAPOL incident report is provided this service completes a comprehensive risk and safety assessment, security audit and planning to allow women to make an informed decision in relation to remaining in their home or to accessing crisis accommodation should the situation be unsafe. The service also provides links into other agencies. The service has the ability to access limited funds to provide increased safety at the home.

The Safe at Home staff will also assist with support to apply for a Family Violence Restraining Order and offer support during the court process. Outreach support is available across the Wheatbelt to ensure ongoing support.

This service covers the Wheatbelt.

Contact details:

Northam (Main Office)
88 Wellington Street, Northam WA 6401
Phone: 9622 2828
Email: admin@shareandcare.com.au

Website - [Share and Care Community Services](#)

4. Financial Services

Rural West

Rural West provide a free, confidential, mobile, independent financial counselling service to regional small businesses and all primary production enterprises in WA, who are navigating their way through difficult and turbulent times.

Contact details:

Jurien Bay
PO Box 919, Jurien Bay WA 6516
Phone: 1800 612 004
Email: enquiries@ruralwest.com.au

Website - [Rural West](#)

Narrogin Financial Counselling Service

Narrogin Financial Counselling Service is a free and confidential financial counselling service based in Narrogin. NFCS support their clients to find a pathway out of financial hardship.

Contact details:

Narrogin
75 Federal Street, Narrogin WA 6312
Phone: 9881 1363
Email: contact@nfcs.org.au

Share and Care

- Emergency Relief Program

This program assists persons in crisis. The program offers:

- Assistance with medical equipment/glasses/hearing aids etc
- Assistance with gas for persons with medical conditions.
- Assistance with food vouchers and referral to other services.
- Assistance with travel via train or bus tickets.
- Assistance towards utility accounts.

- Financial Counsellor Program

This service offers assistance to anyone wishing to take control of their finances. The Financial Counsellor offers:

- Assistance with developing budgets that cater to individual's needs
- Negotiation with creditors including debt collection agencies

- Bankruptcy issues, information and assistance
- Community Education
- Mortgage stress, threatened foreclosure
- Advocacy and negotiation on your behalf where requested

Financial Counselling has offices in York, Northam & Merredin and covers the Wheatbelt.

Contact details:

Northam (Main Office)

88 Wellington Street, Northam WA 6401

Phone: 9622 2828

Email: admin@shareandcare.com.au

Website - [Share and Care Community Services](#)

5. Housing/Homelessness Services

Department of Communities

The Department of Communities operates across the construction, property finance and human services sectors to create affordable housing opportunities for people who would otherwise have difficulty accessing appropriate housing.

Housing options available to Western Australians who have a housing need and receive a low to moderate income, include:

- Public Housing

Communities provides rental accommodation to eligible households across Western Australia. Rent is calculated at 25 per cent of gross assessable household income.

- Bond Assistance Loans

The Department of Communities offers bond assistance and two weeks' rent in advance as an interest-free loan to help people obtain accommodation in the private rental market.

Contact details:

Northam

5 Elizabeth Place, Northam, WA 6401

Phone: 6414 3230

Email: northam@communities.wa.gov.au

Narrogin

11-13 Park Street, Narrogin, WA 6312

Phone: 6414 2979

Email: narrogin@communities.wa.gov.au

Merredin

27 Mitchell Street, Merredin, WA 6415

Phone: 6414 2981

Email: merredin@communities.wa.gov.au

Share and Care

- Emergency Accommodation Program

This program assists persons who are at risk of becoming homeless or who are homeless and offers:

- Short term crisis, hostel/hotel/motel accommodation for the homeless.
- Information and referral to other services to assist in meeting the ongoing needs of homeless persons.
- Assistance with part payments of bonds and/or ongoing costs

This service covers the Wheatbelt.

- Homeless Support Service

This service is designed to assist those that are threatened with losing their homes due to financial difficulties, those who are homeless and need support to obtain and maintain long term housing and those who are finding it challenging to remain in one home for any extended amount of time.

This service networks closely with the Department of Housing, Emergency Relief services and Financial Counsellors, Supported Housing services through Avon Youth, our Men's Lodge and other local agencies.

This service covers the Wheatbelt.

- Jacaranda House

This program is designed to assist women and children who are homeless.

The program works with the client base towards obtaining and maintaining housing into the future.

Whilst in Jacaranda House, based in Northam, women are offered education, information, and support.

This service covers the Wheatbelt.

- **Men's Lodge**

The Lodge is designed to provide safe secure accommodation to Homeless men from age 18+. Men accommodated in the Lodge can expect to receive assistance with a range of services including:

- employment opportunities,
- mentoring,
- referrals to agencies such as Drug & Alcohol,
- Centrelink,
- Financial Counselling,
- Department of Housing and assistance with immediate needs such as food, housing, medical, clothing etc.

Contact details:

Northam (Main Office)

88 Wellington Street, Northam WA 6401

Phone: 9622 2828

Email: admin@shareandcare.com.au

Website - [Share and Care Community Services](#)

6. Aboriginal and Torres Strait Islander Services

Moorditj Youth Aboriginal Corporation (MYFAC)

Moorditj Youth Foundation Aboriginal Corporation exists to provide culturally appropriate and secure mentoring, advocacy, liaison and support services to Aboriginal families, children, and youth in the Wheatbelt region.

- **Moorditj Futures**

Supporting young Wheatbelt Aboriginal people ages 12-24 years in the justice system to break the cycle, services include:

- Court Support
- Reintegration Support

- Cultural Activities
- Visits
- Case Management
- Advocacy

Contact details:

Narrogin
 107a Federal Street, Narrogin WA 6312
 Phone: 0400 122 825
 Email: malcolm@moorditjyouth.com

Keedac

Keedac aims to provide a holistic, comprehensive service, that lifts people out of poverty, provides mental health support, improves community engagement, and teaches work-related skills and qualifications.

- Commonwealth Psychosocial Support Program (CPS)

Supports people with severe mental illness and associated psychosocial functional impairment who are not appropriately supported through the NDIS.

- Strong Women, Strong Families

This program offers a series of six-week support and training courses throughout the year, for young mothers and their children.

- Emerging Artists Program

This series of 8-week courses is targeted at Aboriginal men who want to join our respected Elder and artist, Francis Bolton, in the bush to learn craft skills.

- Narrogin Cultural Arts Program

The Narrogin Cultural Arts Program aims to enhance and promote the artistic and cultural expression of the Wilman people of Narrogin.

- Narrogin Community Centre

The Narrogin Community Centre is a space for clients to enjoy activities for clients such as yarning circles, morning teas, men's groups, women's groups and training and education.

- Thrive Public Housing Program

“Thrive” is a program to assist public housing tenants to look after and retain their housing accommodation. This program is funded by the State Department of Communities. In Northam and Narrogin, the program is run jointly by Keedac with Wanslea Family Services.

- Intensive Family Support (IFSS)

The Intensive Family Support Service (IFSS) works with families whose children are at imminent risk of going into care. Keedac is the ACCO providing cultural support for the program, which provides practical parenting, education, and skills development for parents and/or birth families, focusing on living skills, child mental health, education, safety and protective skills.

- Family Care Service (FCS)

The Family Care Support service (FCSS) helps grandcarers and others who are looking after family member's children because they can no longer care for them. Otherwise known as kinship care, this rapid change in circumstances can feel overwhelming for new carers, but support is available from this program.

Contact details:

Narrogin (Main Office)

129 Federal Street, Narrogin WA 6312

Phone: 0491 842 491

Email: reception@keedac.org.au

Website - [Keedac – Kaata-Koorliny Employment & Enterprise Development Aboriginal Corporation](#)

South West Aboriginal Medical Service (SWAMS)

The South West Aboriginal Medical Service (SWAMS) is a Noongar Community Controlled Health Organisation, founded on the principles of self-determination, empowerment and freedom of choice.

- Health

Offering a range of general health services and employ a number of GPs, Aboriginal health practitioners, Aboriginal health workers, Indigenous outreach workers and Nurses to ensure clients feel comfortable and welcome at their clinics. SWAMS also have visiting medical specialists to assist with specific health issues.

- Immunisations
- Sexual health
- Patient transport

- Preventative screening
- Wound care
- Men's health
- Women's health
- Client advocacy
- Health Assessments
- Homes visits
- Client transport

- Transport

SWAMS offer a transport service for eligible clients who have an appointment at their clinic or a specialist appointment with another provider. SWAMS also offer transportation to and from some of their programs and events. This service is offered to clients who do not have their own transport or have no other means of attending their appointments.

- NDIS Provider & Remote Community Connectors

SWAMS is a disability specialist. They can support an individual's NDIS goals with tailored, flexible, and quality services. SWAMS:

- Provide support to people with disability of all ages and needs
- Understand the NDIS and the system
- Have a range of services to support people with disability of all ages and needs
- Seek to provide the highest standards in quality, customer wellbeing and safeguards.

If an individual has a NDIS plan and are looking for services to meet their own goals, or the goals of someone they care for, SWAMS can assist. These services are for Aboriginal and non-Aboriginal participants.

Contact details:

Narrogin Outreach Clinic
 Shop 1, 83 Federal St, Narrogin WA 6312
 Phone: 9891 4600
 Email: info@swams.com.au

Website - [Home - South West Aboriginal Medical Service \(swams.com.au\)](http://swams.com.au)

Southern Aboriginal Corporation (SAC)

SAC's mission is to provide effective representation and resource delivery for Indigenous people on issues of health, housing, recreation, employment, education, and training whilst promoting Noongar social and cultural values in the Great Southern and South-West regions of Western Australia. Outreach services are available in the Wheatbelt.

- Family Violence Prevention Legal Service (FVPLS)

The FVPLS unit provides assistance to Aboriginal adults and children who are victims/survivors of family violence and/or sexual assault. SAC provides legal assistance, counselling, advocacy, and community legal education.

Contact details:

Narrogin

119 Federal St, Narrogin WA 6312

Phone: 9842 7751

Email: reception@sacorp.com.au

Website - [Southern Aboriginal Corporation | Albany W.A. \(sacorp.com.au\)](http://SouthernAboriginalCorporation.com.au)

Moorditj Koort Aboriginal Corporation

Moorditj Koort is a community controlled, not-for-profit organisation that supports the health and wellness of Aboriginal and Torres Strait Islander peoples living in WA. Moorditj Koort has a range of programs designed to help Indigenous peoples in their community.

- Community Connector Program

The MK Community Connector Program is there to help individuals better understand what the NDIS is and how it works.

Moorditj Koorts goal is to support their mob and walk with them on their NDIS journey, to get the best results.

Contact details:

Northam

57 Wellington St, Northam WA 6401

Phone: 6174 7000

Email: info@mkac.com.au

Website - [Home » Moorditj Koort Aboriginal Corporation](#)

Amity Health

- Integrated Team Care Program (ITC)

Support for clients with chronic disease to link them to the support they need to better manage their health.

- Mental Health, Wellbeing & Resilience Program

This community engagement program is designed to support the physical and psychological health of Aboriginal communities in the Wheatbelt region.

Contact details:

Narrogin

107b Federal Street, Narrogin WA 6312

Phone: 9842 2797

Email: query@amityhealth.com.au

Moora

9/11 Dandaragan Street, Moora WA 6510

Phone: 9842 2797

Email: query@amityhealth.com.au

Merredin

4/11 Mitchell Street, Merredin WA 6415

Phone: 9842 2797

Email: query@amityhealth.com.au

Website - [Wheatbelt Region — Amity Health \(squarespace.com\)](#)

Yorgum Healing Services

Yorgum Healing Services provide culturally secure, community-based healing services that utilise a trauma-informed approach to support Aboriginal and Torres Strait Islander children, young people, and adults.

- Redress

Yorgum provides trauma-informed and culturally appropriate community-based support for Aboriginal people who wish to engage with the National Redress Scheme.

- Young People Counselling Service (Northam)

This service is for young people (Aboriginal and non-Aboriginal) aged from 6 to 24 years of age who have been exposed to or at risk of family and/or domestic violence. This service is available to all young people, including young women and men, culturally and linguistically diverse young people, Aboriginal and Torres Strait Islander young people, LGBTIQ+ young people and young parents.

This service is culturally safe, trauma-informed and includes practical supports as well as outreach.

Contact details:

East Perth (Main Office)

176 Wittenoom Street, East Perth WA 6004

Phone: 9218 9477 or 1800 469 371

Email: EThompson@yorgum.org.au

Website - [Yorgum Healing Services - Yorgum Healing Services Aboriginal Corporation](#)

Wheatbelt Health Network

- Integrated Team Care (ITC)

The ITC program assists people with chronic disease to access specialist and allied health services and manage their disease. The Care Coordinator assist individuals by:

- Helps to plan allied health provider appointments
- Updates GP's on progress
- Organises client transport for specialist appointments
- Provides information and support about chronic conditions
- Shows individuals how to access other support services such as telehealth
- Encourages and supports self-management

- Strengthening Aboriginal Health – WA Country Health Services

The funding aims to provide Aboriginal clients access to quality health service across the continuum of care, from prevention through to screening, diagnosis, and treatment to decrease disease burden and promote health equity.

Contact details:

Northam (Main Office)
25 Holtfreter Avenue, Northam WA 6401
Phone: 9621 4444
Email: northam@wheatbelt.com.au

Northam – Aboriginal Health
65 Wellington Street, Northam WA 6401
Phone: 9690 2824
Email: northam@wheatbelt.com.au

Narrogin – Aboriginal Health
Ambulatory Care, Williams Road, Narrogin WA 6312
Phone: 9881 0385
Email: northam@wheatbelt.com.au

Website – [Wheatbelt Health Network](#)

7. Social Services

AVIVO

AVIVO offers a range of services from personal care and helping keep a house clean to getting out in the community and building connections. AVIVO services also support families and carers.

- In-home Support
- Recovery Support
- Community Support

Contact details:

Northam
PO Box 956, Northam WA 6401
Phone: 9621 7900
Email: hello@avivo.org.au

Website - [Disability Support Services Perth | Service Providers WA • Avivo](#)

Explorability Inc

Explorability Inc. provides high-quality services to people with disability, alongside their families and carers throughout Western Australia.

- Individual Advocacy

Individual Advocates provide a fee-free confidential service to individuals with disability, alongside their families and carers, in the Perth Metropolitan, Peel and Wheatbelt regions.

- Support Coordination

Explorability is registered to provide all levels of Support Coordination, including Specialist Support Coordination.

Contact details:

Cockburn Central (Main Office)

94/10 Sleeper Lane, Cockburn Central WA 6164

Phone: 6361 6001

Email: admin@explorability.org.au

Website - [Explorability Inc. Disability Advocacy & Support Coordination | Perth WA](#)

Avon Community Services

Avon Community Services is a Not-for-Profit Organisation delivering Housing and Youth Services in the Wheatbelt.

- Housing Services

Avon Community Services deliver Housing Services throughout the Wheatbelt in both supported and unsupported accommodation. ACS also provide supported accommodation to young people aged 15 – 25.

Avon Community Services offers Fee for Service work, (Lawnmowing, Garden Clean-up's, Vacate Inspections, Vacate Cleans and Minor Maintenance Work), in and around Northam, to ensure you are meeting your lease agreement requirements or to help support you where needed.

- Youth Services

Avon Community Services offer 4 weekly Programs aimed at educating Young People on a range of social issues. ACS also offer a mentoring service aimed at offering continued support for young people that just need someone to listen and help them along their way. A drop-in Centre operates 2 days per week at all their centres where young people can chill out, play pool, table tennis or on the Xbox.

Contact details:

Northam

371 Fitzgerald Street, Northam WA 6401

Phone: 9622 2612

Email: administration@avoncs.org.au

Narrogin

55 Fairway Street, Narrogin WA 6312

Phone: 9622 2612

Email: narrogin.youth@acs.org.au

Merredin

33 Bates Street, Merredin WA 6415

Phone: 9622 2612

Email: merredin.youth@acs.org.au

Moora

75 Roberts Street, Moora WA 6510

Phone: 9622 2612

Email: moora.youth@acs.org.au

Website - [Avon Community Services \(avoncs.org.au\)](http://Avon Community Services (avoncs.org.au))

Regional Men's Health Initiative

Raising awareness of men's wellbeing and health in regional, rural, and remote WA.

- Warrior Education Sessions

Sessions talking about blokes physical, mental, and social / spiritual wellbeing.

- Fast Track Pit Stop®

An interactive wellbeing and health awareness and listening tool that is themed around the servicing of a vehicle.

- Advocacy

We support positive change concerning men's wellbeing and health by:

- Promoting the motto ... before it all gets too much ... Talk to a Mate!!
- Providing short term resilience and referral pathways

- Providing critical links to professional services
- Continuing to pioneer men's holistic health and wellbeing at every opportunity

Contact details:

Northam

75 York Rd, Northam WA 6401

Phone: 6314 1436

Email: menshealth@4blokes.com.au

Website - [The Regional Mens Health Initiative](#)

Rural Aid

Rural Aid provides critical support to farmers affected by natural disaster through financial, water, fodder, and volunteer assistance. Rural Aid is best known by West Australians through the Buy a Bale campaign, when numerous local farmers donated hay to drought affected farmers in Queensland and New South Wales.

Rural Aid offers free, confidential counselling to Rural Aid registered farmers and their family.

Rural Aid counsellors catch up with their farmers where they're most comfortable; whether it's on farm, in town, or over the phone.

Rural Aid counsellors are professionally trained to support their clients through all kinds of life challenges and come with an understanding of the unique needs of rural people.

They can support with practical strategies to help farmers refocus and get back on track. to face at a place of the client's convenience, on farm, in town or via phone or video call.

Rural Aid has counsellors in West Australia who are happy to travel to properties for a cuppa and a chat.

Contact details:

Intake Line: 1300 175 594

Email: contact@ruralaid.org.au

Website - [Home - Rural Aid - Supporting Rural Communities](#)

Wheatbelt Community Legal Centre

The Wheatbelt Community Centre is an independent, not-for-profit organisation that provides free legal and tenancy advice to community members within the Wheatbelt Region. The types of matters WCLC can assist with include:

- Child Protection
- Child Support
- Civil Law
- Criminal Injuries Compensation
- Family Law
- Family Violence
- Restraining Orders
- Tenancy & Housing

Outreach services are also available in Narrogin and Moora.

Wheatbelt Community Legal Centre also deliver Community Legal Education sessions and workshops to local community groups and organisations on a range of legal issues.

Contact details:

Northam

327 Fitzgerald Street, Northam WA 6401

Phone: 9622 5200

Email: admin@wheatbeltclc.com.au

Website - [Wheatbelt Community Legal Centre \(wheatbeltclc.com.au\)](http://Wheatbelt Community Legal Centre (wheatbeltclc.com.au))

WANSLEA

WANSLEA aspire to create exceptional opportunities for every child and young person to thrive. Services include:

- Housing Support (Thrive)
Thrive helps individuals and families tackle issues that are impacting their public housing tenancy.
- Grandcare
Support for grandparents who are raising their grandchildren.
- Grandcarers Support Scheme
Financial support for Grandparent carers.

- Family Care Support Service
Support for family members caring for children who are unable to live with their parents.
- Parenting Connection WA
Support, skill development and workshops for parents.
- Intensive Family Support Service
Keeping families together with practical education and support for parents.
- Early Childhood Approach (ECA)
Support for children (0-9) who may have developmental delay or disability.
- Family Day Care Services
Personalised, professional care for your children in a nurturing home environment.
- In Home Care
Support for families in situations where traditional childcare options are not available or suitable.
- Inclusion Support
Supporting early education and care providers to create inclusive services.

Contact details:

Northam
20 Gairdner Street, Northam WA 6401
Phone: 9245 2441 or 1300 969 645
Email: support@wanslea.org.au

Website - [Wanslea | Home](#)

APM

Enabling better lives through employment, workplace, workplace, health and wellbeing, disability, and aged care services. APM services help people with injury, illness or disability, children and older adults, unemployed people, and those facing hardship or harm.

Contact details:

Northam
Office 1 2 & 3 Northam Arcade 187 Fitzgerald Street East, Northam WA 6401

Phone: 1800 276 522

Email: apmnet@ndis.gov.au

Website - [Help to Find a Job, Return to Work or Live More Independently | APM](#)

Share and Care

- Home Care Packages

If a client's care needs are more complex, or they require Home & Community Care funded service designed to assist those senior consumers or younger and disabled to better manage nutritional concerns. Support workers attend the consumers' home to either assist the consumer prepare a meal or prepare meals for those consumers that are not able to themselves. It allows for some social time for the consumer and time for the support worker to observe other needs.

- Commonwealth Home Support Programme

This programme provides entry-level home support for older people who need assistance to keep living independently at home and in their community. Carers of these clients will also benefit from services provided through this service. Services that people may be able to receive include:

- Meals;
- Domestic assistance;
- Personal care;
- Home maintenance
- Transport;
- Respite care;
- Support,
- Social Supports

This service covers Northam, Wundowie, Bakers Hill, Clackline, Toodyay, York, and surrounds.

Contact details:

Northam (Main Office)

88 Wellington Street, Northam WA 6401

Phone: 9622 5195

Email: admin@shareandcare.com.au

Website - [Share and Care Community Services](#)

Salvation Army: Avon Valley

- Northam
 - Worship Meeting
 - Small Groups
 - Emergency Relief
 - Book Club
 - Alcoholics Anonymous
- York
 - Worship Meeting
 - Thrift Shop
 - Small Groups
 - Emergency Relief
- Avon Valley
 - Emergency relief throughout the Avon Valley area via telephone / internet services.

Contact details:

Northam (Main Office)

3 Elizabeth Place, Northam WA 6401

Phone: 9622 1228

Email: AvonValleySalvos@salvationarmy.org.au

York

71 Avon Terrace, York WA 6302

Phone: 9622 1228

Email: AvonValleySalvos@salvationarmy.org.au

Website - [Avon Valley | The Salvation Army Australia](#)

WA Recovery College Alliance (WARCA)

State-wide education institution offering free courses for those aged 18+. Focused on providing in-person and online opportunities for individuals to learn about recovery related to mental health, substance use or other life challenges, with courses designed and delivered by local community members. Face-to-face and online courses are available in the Wheatbelt.

Contact details:

Perth (Main Office)
182 Lord Street, Perth WA 6000
Phone: 1300 285 751
Email: info@warecoverycollege.org.au

Website - [WA Recovery College](http://WARecoveryCollege.org.au)

Child Witness Service

The Child Witness Service (CWS) assists children and young people who may need to give evidence in court. It is a free service provided by the Department of the Attorney General.

Children and young people may be required to give evidence before one of the following courts:

- Magistrates Court
- District Court
- Supreme Court
- Children's Court

The CWS provides practical information and helps children and young people emotionally prepare for court. We support children and young people on an individual basis. Evidence is never discussed.

The CWS does not provide counselling. However, we can make referrals to appropriate agencies when additional support is required.

CWS offices are located in Perth, Bunbury and Geraldton. Services are also provided in other regional areas, including Northam.

Contact details:

Perth
Level 2, District Court Building, 500 Hay Street, Perth WA 6000
Phone: 9425 2850 or 1800 818 988
Email: ChildWitnessService@justice.wa.gov.au

Website - [Child Witness Service | Western Australian Government \(www.wa.gov.au\)](http://www.wa.gov.au)

8. Health Services

Hospitals, Health Centres, Nursing Posts & General Practitioners (GP's):

Narrogin

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - 2 Theatres
 - Ambulatory Care
 - Child and Community Health
 - Mental Health
 - Aboriginal Health
 - Pathwest
 - Imaging
 - Rehabilitation
 - Chemotherapy Unit

Contact details:

43-56 Williams Road, Narrogin WA 6312
Phone: 9881 0333

- Earl Street Surgery

Contact details:

92 Earl Street, Narrogin WA 6312
Phone: 9881 1333
Email: reception@earlstreetsurgery.com.au

- John Parry Medical Centre

Contact details:

57 Williams Road, Narrogin WA 6312

Phone: 9881 1100

Email: reception@jpmedical.com.au

Northam

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - 2 Theatres
 - Ambulatory Care
 - Child and Community Health
 - Mental Health
 - Aboriginal Health
 - Pathwest
 - Imaging
 - Rehabilitation
 - Dialysis
 - Chemotherapy Unit

Contact details:

50 Robinson Street, Northam WA 6401

Phone: 9690 1300

- Northam Family Practice

Contact details:

33 Wellington Street E, Northam WA 6401

Phone: 9621 9500

Email: reception@northamfamilypractice.com.au

- Wheatbelt Health Network

Contact details:

25 Holtfreter Avenue, Northam WA 6401

Phone: 9621 4444

Email: northam@wheatbelt.com.au

- Grey Street Surgery

Contact details:

16 Grey Street, Northam WA 6401

Phone: 9622 1599

Beverley

- WA Country Health Service
 - 24/7 Hospital and Emergency Department

Contact details:

1 Sewell Street, Beverley WA 6304

Phone: 9646 3200

Email: beverley.hospital@health.wa.gov.au

- Beverley Medical Centre

Contact details:

106 Forrest Street, Beverley WA 6304

Phone: 9646 1241

Email: beverleymedical@westnet.com.au

- Vines Medical Practice

Contact details:

135 Vincent Street, Beverley WA 6304
Phone: 9468 3606
Email: vinesmedicalpractice@gmail.com

Boddington

- WA Country Health Service
 - 24/7 Hospital and Emergency Department

Contact details:

53-61 Hotham Avenue, Boddington WA 6390
Phone: 9883 4444

Brookton

- WA Country Health Service

Contact details:

27 Whittington Street, Brookton WA 6306

- Vines Medical Practice

Contact details:

12 William Street, Brookton WA 6306
Phone: 9468 3606
Email: vinesmedicalpractice@gmail.com

Bruce Rock

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

35 Dunstall Street, Bruce Rock WA 6418
Phone: 9061 0222

- Bruce Rock Medical Centre

Contact details:

16 Butcher Street, Bruce Rock WA 6418
Phone: 9061 1166
Email: reception@brucerockmed.net

Chittering

- Chittering Health Centre

Contact details:

6138 Northern Highway, Bindoon WA 6502
Phone: 9576 1091
Email: reception@chitteringhealth.com.au

Corrigin

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

49 Kirkwood Street, Corrigin WA 6375
Phone: 9063 0333
Email: corrigin.hospital@health.wa.gov.au

- Corrigin Medical Centre

Contact details:

5 Murphy Street, Corrigin WA 6375
Phone: 9063 2107
Email: reception.corrigin@gmail.com

Cunderdin

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Overnight Inpatient Care
 - Community Aged Care

Contact details:

55 Lundy Avenue, Cunderdin WA 6407
Phone: 9635 2222
Email: cunderdin@health.wa.gov.au

- Cunderdin Medical Practice

Contact details:

55 Lundy Avenue, Cunderdin WA 6407 (located in the Cunderdin Health Centre)
Phone: 9635 1352
Email: info@cunderdinmp.com.au

Dalwallinu

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

Myers Street, Dalwallinu WA 6609
Phone: 9661 0200

Dumbleyung

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

34 McIntyre Street, Dumbleyung WA 6350

Phone: 9863 5222

Email: dumbleyung@health.wa.gov.au

Gingin

- WA Country Health Service
 - Child and Community Health
 - Community Mental Health

Contact details:

Brockman Street, Gingin WA 6503

- Gingin Medical Centre

Contact details:

1 Lily King Place, Gingin WA 6503

Phone: 9575 2300

Goomalling

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

52 Forrest Street, Goomalling WA 6460
Phone: 9629 0100

- Goomalling Medical Centre

Contact details:

51 Railway Terrace, Goomalling WA 6460
Phone: 9629 1166
Email: surgery@goomalling.wa.gov.au

Jurien Bay

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Overnight Inpatient Care
 - Community Aged Care
 - Child and Community Health Services

Contact details:

23 Whitfield Road, Jurien Bay WA 6516
Phone: 9652 0200
Email: healthcentre.jurienbay@health.wa.gov.au

Kellerberrin

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

51-63 Gregory Street, Kellerberrin WA 6410
Phone: 9045 6222
Email: kellerberrin.hospital@health.wa.gov.au

- Kellerberrin Medical Centre

Contact details:

13 Moore Street, Kellerberrin WA 6410

Phone: 9045 4301

Email: kellersurg@gmail.com

Kondinin

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

130 Graham Street, Kondinin WA 6367

Phone: 9894 1222

Email: KHS.Managers@health.wa.gov.au

Koorda

- Koorda Health Centre

Contact details:

10 Haig Street, Koorda WA 6475

Phone: 9684 1679

Kulin

- WA Country Health Service

Contact details:

Johnston Street, Kulin WA 6365
Phone: 9880 1315
Email: medical@kondinin.wa.gov.au

Kununoppin

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

Leake Street, Kununoppin WA 6489
Phone: 9683 0222
Email: kununoppin.hospital@health.wa.gov.au

Lake Grace (also services Newdegate)

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

Memorial Drive, Lake Grace WA 6353
Phone: 9890 2222

Lancelin

- Juniper Health & Medical Services

Contact details:

61 Gingin Road, Lancelin WA 6044
Phone: 9655 2202
Email: reception@lancelinmedicalcentre.com.au

Merredin

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Theatre
 - Ambulatory Care
 - Child and Community Health
 - Mental Health
 - Aboriginal Health
 - Residential and Community Aged Care

Contact details:

37 Kitchener Road, Merredin WA 6415
Phone: 9081 3222

- Merredin Medical Centre

Contact details:

91 Todd Street, Merredin WA 6415
Phone: 9041 2900
Email: admin.mmc@westnet.com.au

- Karis Medical Group

Contact details:

36 Bates Street, Merredin WA 6415
Phone: 9041 3126
Email: info@karismedicalgroup.com.au

Moora

- WA Country Health Service

- 24/7 Hospital and Emergency Department
- Ambulatory Care
- Child and Community Health
- Mental Health
- Aboriginal Health
- Residential and Community Aged Care

Contact details:

Dandaragan Street, Moora WA 6510
Phone: 9651 0222

- Moora Health Centre

Contact details:

65 Kintore Street, Moora WA 6510
Phone: 9651 1433
Email: mhcadmin@westnet.com.au

Mukinbudin

- WA Country Health Service

Contact details:

Corner Ferguson and Maddock Street, Mukinbudin WA 6479
Phone: 9047 1123

Narembeen

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

Ada Street, Narembeen WA 6369
Phone: 9064 6222
Email: narembeen.hospital@health.wa.gov.au

- Narembeen Medical Centre

Contact details:

19 Churchill Street, Narembeen WA 6369
Phone: 9064 7145
Email: reception@narembeenmedical.com.au

Pingelly

- Pingelly Health Service

Contact details:

32 Brown Street, Pingelly WA 6308
Phone: 9887 2222

- Pingelly General Practice

Contact details:

38 Stratford Street, Pingelly WA 6308
Phone: 9887 0212

Quairading

- WA Country Health Service

- 24/7 Hospital and Emergency Department
- Residential and Community Aged Care

Contact details:

19 Harris Street, Quairading WA 6383
Phone: 9645 2222

Southern Cross

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

Coolgardie Road, Southern Cross WA 6426
Phone: 9081 2222

- Southern Cross General Practice

Contact details:

Corner of Altair and Achernar Street, Southern Cross WA 6426
Phone: 9049 1147
Email: reception@sxgp.com.au

Wagin

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

9 Warwick Street, Wagin WA 6315
Phone: 9861 3444

- Wagin General Practice

Contact details:

Lot 299 Tavistock Street, Wagin WA 6315
Phone: 9861 1633

Wickepin

- Wickepin Health Centre

Contact details:

28 Johnston Street, Wickepin WA 6370
Phone: 9888 2222
Email: wickepin.health@health.wa.gov.au

Williams

- Williams Health Centre

Contact details:

3 Adam Street, Williams WA 6391
Phone: 9885 2600

Wongan Hills

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

Lot 199 Ackland Street, Wongan Hills WA 6603
Phone: 9691 1222

Wundowie

- Wundowie Health Centre

Contact details:

283 Boronia Ave, Wundowie WA 6560
Phone: 9573 6741

Wyalkatchem

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

9 Honour Avenue, Wyalkatchem WA 6485
Phone: 9692 1222
Email: wyalkatchem@health.wa.gov.au

York

- WA Country Health Service
 - 24/7 Hospital and Emergency Department
 - Residential and Community Aged Care

Contact details:

Trews Road, York WA 6302
Phone: 9641 0200
Email: york.hospital@health.wa.gov.au

- York General Practice

Contact details:

6 Howick Street, York WA 6302
Phone: 9641 0000

WA Country Health Service (WACHS)

The WA Country Health Service is committed to providing accessible health services to the regional population, and a quality health care workforce.

- Hospital & ED Services
- Child, School, and Community Health; Chronic Conditions Management; Public Health; Health Promotion
- Mental Health Services
- Aboriginal Mental Health Services
- Aged Care Services
- Aboriginal Health Services
- Social Work Services
- Allied Health Services (Occupational Therapy, Physiotherapy, Speech Pathology, Dietetics, Social Work)
- Telehealth Services
- Child Health Services
- Community Midwife

WACHS provides 25 hospitals/health centres across the Wheatbelt that operate 24/7, plus by the end of 2023/24 WACHS will operate 14 smaller health centres/nursing posts in business hours.

Website - [WA Country Health Service - Wheatbelt](#)

Amity Health

Amity Health are dedicated to serving the diverse needs of people living in rural communities throughout the Great Southern, Wheatbelt, South-East Coastal Goldfields, Midwest, and South West regions. Services include medical specialists, support and advice on health concerns, or information on local services.

- Aboriginal and Torres Strait Islander Mental Health Wellbeing & Resiliency Program
Locations: Narrogin, Merredin, Moora
- Aboriginal and Torres Strait Islander Integrated Team Care

Locations: Southern and Coastal Wheatbelt

- Integrated Chronic Disease Care Program

Locations: Southern, Eastern and Coastal Wheatbelt

- Child and Parents Support Program (CaPS)

Location: Narrogin

- Integrated Primary Mental Health Care Program (IPMHC)

Locations: Narrogin, Merredin, Northam, Moora, Lancelin, Jurien Vay, Wongin Hills, Kellerberrin, Mukinbudin, Southern Cross, and Bencubbin.

- Healthy Country Kids Playgroup, Merredin Community College

- NDIS Mental Health Support

Locations: Merredin, Jurien Bay, Lancelin, Narrogin.

- CareFinders – Age Care Navigation

Locations: Northam, Moora, Merredin, Cunderdin, Dowerin, Toodyay, York, Beverley, Chittering, Gingin, Dandaragan.

Contact details:

Northam

12 Grey Street, Northam WA 6401

Phone: 9842 2797

Email: query@amityhealth.com.au

Narrogin

107b Federal Street, Narrogin WA 6312

Phone: 9842 2797

Email: query@amityhealth.com.au

Merredin

4/11 Mitchell Street, Merredin WA 6415

Phone: 9842 2797

Email: query@amityhealth.com.au

Moora

9/11 Dandaragan Street, Moora WA 6510

Phone: 9842 2797

Email: query@amityhealth.com.au

Website - [Wheatbelt Region — Amity Health \(squarespace.com\)](http://Wheatbelt Region — Amity Health (squarespace.com))

9. Postvention

StandBy

StandBy provide 24/7 support to anyone who has been bereaved by suicide including:

- Individuals, families, friends, and witnesses
- Schools, workplaces, and community groups
- First responders and service providers

Contact details:

Phone: 1300 727 247

Email: susan.miles@anglicarewa.org.au

Website - [Home - StandBy \(standbysupport.com.au\)](http://Home - StandBy (standbysupport.com.au))

Wheatbelt Postvention Committee

The Wheatbelt Postvention Committee (WPC) are a group of professionals in the Wheatbelt that support individuals, families and communities bereaved by suicide.

Services included:

- Advocacy services
- Counselling support
- Financial counselling support and emergency relief
- Yarning circles

- Clinical suicide risk assessment and mental health support
- Practical and logistical support

The WPC provides support to individuals, families, and communities throughout the entire Wheatbelt region of WA.

Contact details:

Phone: 9621 0999

Email: accessadmin@health.wa.gov.au

Online Support (Phone & Web-based)

Lifeline WA

Lifeline WA provides all Western Australians experiencing a personal crisis or thinking about suicide with access to 24-hour crisis support and suicide prevention services.

Call: 13 11 14 (24/7 service)

Text: 0477 131 114 (24/7 service)

Website - [Lifeline Australia - 13 11 14 - Crisis Support. Suicide Prevention.](#)

Lifeline WA Grief and Bereavement Counselling

Offering free counselling to parents, families and children going through grief and bereavement, in person or phone/video counselling.

Call: 9261 4444

Beyond Blue

Beyond Blue provides 24/7 information and support to help everyone in Australia achieve their best possible mental health.

Call: 1300 224 636

Chat Online: <https://online.beyondblue.org.au/#!/chat/start>

Website - [Beyond Blue | 24/7 Support for Anxiety, Depression and Suicide Prevention - Beyond Blue](#)

Kids Helpline

Kids Helpline provides free confidential 24/7 online and phone counselling service for young people aged 5 to 25.

Call: 1800 551 800

Website: [Kids Helpline | Phone Counselling Service | 1800 55 1800](#)

Suicide Call Back Service

Suicide Call Back Service provides free counselling for suicide prevention & mental health via telephone, online & video for anyone affected by suicidal thoughts, 24/7.

Call: 1300 659 467

Website - [Mental health counselling | Suicide Call Back Service](#)

Rural Link (regional: after hours & weekends)

Rurallink is an after-hours telephone service for people in rural and regional Western Australia experiencing a mental health crisis.

Call: 1800 552 002

Mental Health Emergency Response Line (metro and peel: after hours and weekends)

The Mental Health Emergency Response Line (MHERL) is a 24-hour telephone service for people in the Perth metropolitan area experiencing a mental health crisis.

Call (metro): 1300 555 788

Call (peel): 1800 676 822

Here For You

'Here For You' phone helpline provides accessible and immediate mental health and alcohol and other drug use support for the people in the community who may be struggling and will focus on individual needs.

1800 here4u (1800 437 348)

7:00 am to 10:00 pm every day

Helping Minds

HelpingMinds® offers free support to the family and friends of people living with mental health challenges across WA.

Call: 1800 811 747

Website - [HelpingMinds is a Provider of Mental Health Support to Carers in WA](#)

Headspace

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25-year-olds. headspace can help young people with mental health, physical health (including sexual health) alcohol and other drug services, and work and study support.

Call: 1800 650 890

Website - [headspace National Youth Mental Health Foundation](#)

1800 RESPECT

National Sexual Assault, Domestic Family Violence Counselling Service

Call: 1800 737 732

Website - [Home | 1800RESPECT](#)

QLife

QLife provides Australia-wide anonymous, LGBTI peer support and referral for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings, or relationships.

QLife services are free and include both telephone and webchat support, delivered by trained LGBTI community members across the country. Our services are for LGBTI individuals, their friends and families, and health professionals in Australia.

Call: 1800 184 527

Website - [QLife - Support and Referrals](#)

Youth Focus

Youth Focus is a for-purpose organisation that creates brighter futures for young people in Western Australia by offering a range of mental health services.

Call: 6266 4333

Website - [Youth Focus | Supporting young Western Australian people and their mental health](#)

Sexual Assault Resource Centre (SARC)

The Sexual Assault Resource Centre (SARC) is located in Perth and provides a range of free services to people in the metropolitan area affected by sexual violence SARC also provide free telephone advice/support to those in non-metropolitan areas and have a 24-Hour Emergency Line.

Call: 6458 1828 or 1800 199 888

Website - [SARC---Information-for-patients.pdf \(health.wa.gov.au\)](#)

Mensline

MensLine Australia is a telephone and online counselling service offering support for Australian men anywhere, anytime.

Call: 1300 789 978

Website - [Free help, referrals & counselling for men: MensLine Australia](#)

Reach Out

ReachOut.com helps under 25s with everyday questions through to tough times.

Website - [A Safe Place to Chat Anonymously, Get Support & Feel Better | ReachOut Australia](#)

PeerChat

PeerChat is a new text-based support service for 18–25-year-olds that connects a young person experiencing mental health challenges with a peer worker who can provide support based on their own experience.

The service is free, confidential and can be accessed anywhere in Australia on weekdays between 1:00 pm - 8:00 pm (Sydney time).

Website - [ReachOut PeerChat | Talk to a peer worker who understands | ReachOut Australia](#)

MindSpot

MindSpot provides free, anonymous assessment and treatment for adults experiencing stress, anxiety, depression, OCD, PTSD, and chronic pain.

Call: 1800 614 434

Website - [MindSpot Clinic - Free Online Mental Health Support](#)

Butterfly Foundation

Butterfly Foundation is the national charity for all Australians impacted by eating disorders and body image issues, and for the families, friends and communities who support them.

Call: 1800 334 673

Website - [Support for Eating Disorders and Body Image Issues | Butterfly Foundation](#)

Crisis Care

Offering Western Australian's an after-hours service to report concerns for a child's safety and wellbeing.

Call: 1800 199 008

Website - [Crisis Care | Western Australian Government \(www.wa.gov.au\)](#)

Carers WA

Carers WA is a non-profit organisation dedicated to improving the lives of family carers living in WA with access to services, support, and resources.

Call: 1300 227 377

Website - [Advocating & Supporting Family Carers in WA | Carers WA](#)

Head to Health

Head to Health can help you find the right Australian digital mental health and wellbeing resources, for yourself or for someone you care about.

Website - [Home | Head to Health](#)

Samaritans Crisis Line

Samaritans Crisis Line offers non-religious, non-judgemental, and confidential emotional support to the lonely, despairing, suicidal, or those at risk of becoming so.

Call: 135 247

Website - [The Samaritans WA - Anonymous Emotional Support in Western Australia](#)

Road Trauma Support

Road Trauma Support WA is a state-wide service assisting anyone affected by road trauma, regardless of when the incident occurred or what level of involvement the person had, direct or indirect.

Call: 1300 004 814

Website - [Road Trauma Support WA Post-Road Crash Support Program \(injurymatters.org.au\)](#)

Grief Line

Griefline supports anyone experiencing grief, facing any type of loss, providing access to free telephone and online support services and resources.

Call: 1300 845 745

Website - [Australia's National Grief & Loss Support Hub: Griefline](#)

Alcohol & Drug Support Line

The Alcohol and Drug Support Line is a confidential, non-judgemental telephone counselling, information, and referral service for anyone seeking help for their own or another person's alcohol or drug use.

Call: 1800 198 024

Website - [Alcohol and Drug Support Line \(mhc.wa.gov.au\)](#)

Parent And Family Drug Support Line

The Parent and Family Drug Support Line is a confidential, non-judgemental telephone counselling, information, and referral service for anyone concerned about a loved one's alcohol or drug use.

Call: 1800 653 203

Website - [Parent and Family Drug Support Line \(mhc.wa.gov.au\)](#)

Narrogin & Upper Great Southern Domestic Violence Helpline

Supported and/or safe accommodation to women, with/or without accompanying children, who as a result of family and domestic violence or other crisis. Breaking the cycle of domestic violence and homelessness and assisting clients to maintain existing safe accommodation where appropriate or move to stable safe long-term accommodation is a key role of Family and Domestic Violence Accommodation and Support.

Call: 1800 007 570

Wheatbelt Domestic Violence Helpline

The refuge operates 24 hours 7 days per week. This is a free and confidential service. This number can be used for telephone support and counselling, to obtain transport to get to safe accommodation or information packages on family and domestic violence.

Call: 1800 353 122

Women's Domestic Violence Helpline

The Women's Domestic Violence Helpline provides support for women, with or without children, who are experiencing family and domestic violence in Western Australia (including referrals to women's refuges).

Call: 1800 007 339

Men's Domestic Violence Helpline

The Men's Domestic Violence Helpline provides telephone information and referrals for men who are concerned about their violent and abusive behaviours and for male victims of family and domestic violence in Western Australia.

Call: 1800 000 599

Elder Abuse Helpline WA

The Elder Abuse Helpline provides free and confidential support for Elder's experiencing or at risk of Elder abuse.

Call: 1300 724 679

Healthdirect

24-Hour health advice and information.

Call: 1800 022 222

Website - [Trusted Health Advice | healthdirect](#)

FriendLine

FriendLine is for anyone who needs to reconnect or just wants a chat. All conversations with FriendLine are anonymous and our friendly volunteers are ready for a yarn and to share a story or two.

Call: 08 6118 0587 (Free call 1800 424 287)

Website - [Home | FriendLine](#)

Mob Strong Debt Help

Mob Strong Debt Help is a free nationwide legal advice and financial counselling service for Aboriginal and Torres Strait Islander people.

Call: 1800 808 488

Website - [Mob Strong Debt Help \(financialrights.org.au\)](#)

Counselling Online

Counselling Online is a free and confidential service that provides 24/7 support to people across Australia affected by alcohol or drug use.

Call: 1800 198 024

Website - [Counselling Online - free drug and alcohol counselling in Australia](#)

SMART Recovery

SMART Recovery is a group program offering a supportive environment for people to achieve behaviour change goals of their choice around alcohol and drug use, or any behaviours of concern. Guided by trained peers and professionals, participants come to help themselves and help each other using a variety of cognitive behavioural therapy (CBT) and motivational tools and techniques.

Website - [Drug & Alcohol Counselling - Rehabilitation Services | SMART Recovery Australia](#)

Crisis Support for Individuals that identify as Aboriginal and Torres Strait Islander

13YARN

13YARN provides crisis support 24/7 to yarn without judgement and provide a confidential, culturally safe space to yarn about needs, worries or concerns. Crisis Supporters will work with individuals to explore options for on-going support.

13YARN is an Aboriginal & Torres Strait Islander crisis support line funded by the Australian Government with the support of Lifeline and developed in collaboration with Gayaa Dhuwi (Proud Spirit) Australia. It is run by Aboriginal and Torres Strait Islander people.

Call: 13 92 76

Website - [13YARN - Call 13 92 76 | 24 /7 Crisis support for Aboriginal and Torres Strait Islanders](#)

Brother to Brother

The Brother to Brother crisis line provides phone support for Aboriginal men who need someone to talk to about relationship issues, family violence, parenting, drug and alcohol issues or who are struggling to cope for other reasons.

The line is staffed by Aboriginal men, including Elders, who have a lived experience in the issues that the line offers support for.

Call: 1800 435 799