

Youth Engagement, Strategy and Development Plan 2019/20

#### **BACKGROUND**

The YMCA WA believes in the power of inspired young people; and strives to establish strong partnerships with its communities across the state of Western Australia. In doing so, The YMCA adopts a strategy of partnering and complementing service and supports without competition, thus ensuring a collaborative approach and community impact across the regions.

The Shire of Narrogin's expectations, are that services and support provided to young people in Narrogin, must be impactful, intervening, proactive and relevant. This ensures that the needs and voice of Narrogin's young people can be realized, supported and can subsequently lead to a more positive environment and contribution by all members of the community.

A collaborative and empowering strategy not only enables the provision of impactful services and support desired in Narrogin, but also aligns itself to addressing the state wide complex challenges and issues facing young people in Western Australia (WA), such as mental health, unemployment, education, homelessness, youth detention and out of home care.

The information below reflects a process of engagement and consultation that represents the young people's perspective and expectations whilst living and growing up in the region. As an outcome, this document outlines a strategy that will ensure the 'Y' and its partnering stakeholders and network will deliver quality outcomes aligned to the input of the Shire's younger population.

In 2018 and as part of the Shire of Narrogin's Community Development Strategy, the YMCA WA was requested to engage the Shires' young people on a range of pertinent issues related to their current experiences and coexistence within the community of Narrogin and surrounds.

On behalf of the Shire of Narrogin, the YMCA WA, with assistance and support of other community stakeholders, conducted an engagement project with young people in Narrogin aged between nine and twenty five years old.

This work and its' represented data and findings were to inform the development of a strategy and a development plan which is deemed paramount before any additional activities, initiatives and resources could be provided to engage and support young people in Narrogin and the surrounds. This was to ensure that the voice of young people was heard, and any next steps taken, were indicative of the feedback and input provided by those young people of Narrogin.

This document represents a three step process from engagement to plan and all input and data should be read in conjunction; the three parts to this process were:

- The development of a Youth Survey and the engagement process feedback, findings and recommendations reported,
- The implementation of a Youth Strategy<sup>1</sup> and ,
- To establish a **Youth Development Plan** for Narrogin with agreed actions and measurable outcomes.

Findings and information relating to each if these phases are listed below:

<sup>&</sup>lt;sup>1</sup> The strategy represented within this document has been developed and written by the YMCA WA for YMCA WA and evaluated by Curtin University.

# Part 1

The Shire of Narrogin & YMCA WA



#### INTRODUCTION

The YMCA WA believes in the power of inspired young people; and strives to establish strong partnerships with its communities across the state of Western Australia. In doing so, The YMCA adopts a strategy of partnering and complementing service and supports without competition, thus ensuring a collaborative approach and community impact across the regions.

Over the past ten (10) months the YMCA WA, has engaged with the Shire of Narrogin and in particular its young people, to conduct a survey and engage with as many young people across the community. This input and feedback from the towns younger generations has been sought to ensure their voice is represented in the Shire and can be used to inform and influence future direction and decisions made within the Narrogin community.

This report provides a representation of the data extrapolated from completed surveys, from which evidence-based assumptions can be made within each finding. This informs the report and supports subsequent recommendations for consideration.

In undertaking this body of work, the Department of Prime Minister and Cabinet, now National Indigenous Australians Agency, NIAA, approached the YMCA WA, to provide input, support and observe the process with a keen interest. It is acknowledged by the NIAA, that the data, information and subsequent report is provided at the request of the Shire of Narrogin, who also acknowledge the NIAA's appropriate interest in this body of work and its findings.

Information will be disseminated to other parties at the discretion of the Chief Executive Officer of the Shire of Narrogin.

#### **BACKGROUND**

In 2018, negotiations and a commitment to resource a youth program in Narrogin had been agreed between the Shire and the YMCA. Terms of Reference to establish a Narrogin Youth Advisory Group were drafted and funds from both YMCA and the Shire were available for use.

The appointment of the new CEO in Narrogin and the General Manager Youth, Community and Leisure in 2018, resulted in meetings to discuss how the Shire funds were to be expended. It became apparent that there was no particular clarity regarding how best to utilize the resources available as it was unclear what "programs" were needed.

It was agreed that the YMCA would conduct a youth engagement project and survey as many young people in Narrogin as possible. The data would inform and represent in part, how life was as a young person in Narrogin and also represent their perception of their current environment, engagement and social life, including activities to improve their current situation and create further opportunities for young people in Narrogin. Once the report was published, the YMCA agreed to support the Shire in its composition of Strategy and Plan for youth in Narrogin.

#### **PROJECT GOALS**

The goals of the engagement survey were:

- To provide opportunity for young people to express their views and be heard.
- To use this information in the development of local initiatives and projects relating to young people.
- To inform the establishment of a mechanism that enables young people to be able to contribute and influence Council decisions, strategies and plans.

#### **SCOPE**

The scope of this project was to include:

- Input from young people aged between 9 years to 25 years of age.
- A timeframe for completion that was dictated by the community.
- Work with as many stakeholders from within the community to ensure coverage.
- A focus to engage disengaged and at-risk young people.
- A young demographic that is representative of the Narrogin community.

#### **STAKEHOLDERS**

The completion of this engagement survey involved significant input and support from numerous stakeholders within the Community. Representatives from the following Departments, Agencies and Organisations provided access and support during the engagement project and should be commended for their contribution:

- Shire of Narrogin
- YMCA WA
- Department of Prime Minister and Cabinet, (now NIAA)
- South Regional Tafe
- Narrogin Senior High School
- Narrogin Primary School
- Aboriginal Development Officer South Regional Tafe
- KEEDAC
- Moorditj Youth Foundation
- Shooting Stars
- Nurtured Youth Services
- West Australian Community Health Services
- West Australian Police Force
- Avon Youth Services
- Department of Justice

#### **ENGAGEMENT SURVEY COMPOSITION AND DESIGN**

The composition of the survey itself was undertaken in consultation with a number of stakeholders; Mission Impact Specialist, YMCA WA, Department of Prime Minister and Cabinet, (now NIAA) and the Shire of Narrogin. This collaboration was essential to ensure an alignment to the YMCA National Outcomes Framework, NIAA service outcome priorities and local objectives.

The design of the survey was important, and it was determined that whilst the survey could be completed in a facilitated environment, as well as independently, it had to ensure that the respondent was not deterred by an onerous activity requiring significant writing and application to complete.

Agreed by all involved in the design, the use of emoji's was determined as an appropriate methodology to provide feedback, reducing time and potential confusion during completion. A small number of free text questions were also posed to obtain any other context relevant to the experiences of the young person in their community.

The survey included eleven (11) questions requesting a scaled agree/disagreement and five (5) free text responses. Additional demographic data including age, ethnicity and additional language was included too. The survey asked the following questions:

#### Emoji Response.

- 1. I am involved in events or I am aware there are events and activities held in our community that involve multi generational family members.
- 2. There are positive things for me to do other than sports and school sponsored events and activities
- 3. I think that the towns projects and events are respectful for the various cultures of the community.
- 4. There are people I respect within my community that could be a mentor to me.
- 5. I have had opportunities to work with older people/elders regarding community matters.
- 6. I have learned about my heritage, culture and my community through stories, interaction with senior citizens and cultural events etc.
- 7. I am involved in making decisions about my community and its future.
- 8. I think that in Narrogin the school and the community work together on shared objectives.
- 9. My ideas are listened to and I believe that this helps other complete work in the community.
- 10. I think that the Narrogin community invests money into projects and programs led by young people.
- 11. The Arts, Music and Library are important to me.

#### Free Text.

- 1. What is your life like at the moment?
- 2. What do you want to achieve in life?
- 3. What would you like to see happen tomorrow?
- 4. What will you do to make this happen?
- 5. Is there anything else you want to say?

The survey was made available online via survey monkey, copies were available at the Regional Leisure Centre, as well as part of Youth week and NAIDOC week events; there was also facilitated completions at schools and also supported presentations by YMCA staff to the students. Even the local police station provided surveys when engaging young people at their premises. YMCA staff and community stakeholders walked the streets of Narrogin at night to engage vulnerable young people. The survey was released for completion from February to May 2019.

#### **GENERAL ABS STATISTICS FOR NARROGIN**

- In the 2016 Census, there was a reported population of 5,162.
- 48.8% were male and 51.2% were female.
- 362 or 6.8% of this population were Aboriginal and Torres Strait Islanders (ATSI).
- This ATSI population was 3.7% higher than the WA State average.
- 704 or 13.6% of this population was aged between 0-10 years.
- 1,022 or 19.8% of this population was aged between 10-24 years, therefore,
- 1,726 or 33.4% of this population was 0-24 years.
- 288 or 10% of households spoke a language other than English.
- 658 or 12.7% of the population was aged between 15-24 years.
- 51 of these 15-24 year old's were aboriginal and 607 were Non-Aboriginal.
- 395 or 7.6% of the population was aged between 15-19 years.
- 34 of these 15-19 year old's were Aboriginal and 361 were Non-Aboriginal.

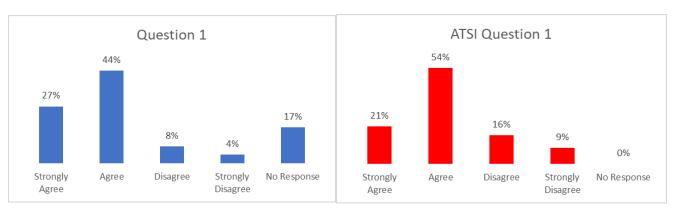
#### YOUTH SURVEY STATISTICS AND FINDINGS

The following section outlines survey specific statistics and findings. Age demographic for survey responses were:

- 39% were 9-11 years.
- 52% were 12-16 years.
- 8% were 17-25 years.
- 291 or 28.5% of the young population in Narrogin responded to this survey.
- 24% of 291 respondents were Aboriginal.
- 19% of the 2016 census total of Aboriginal population in Narrogin was surveyed.
- 47% of 15-24 years Aboriginal people identified in the 2016 census data (51), were represented.
- 21% of total respondents spoke a language other than English at home.

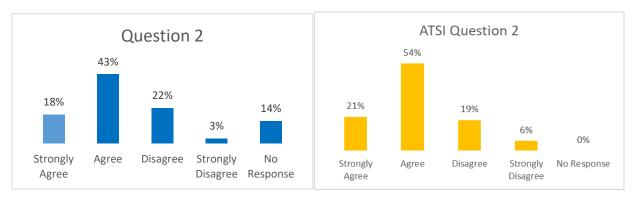
**Note:** The data from each of the questions below, are represented by overall Youth respondents and the same question is represented in the second chart as feedback from Aboriginal Youth respondents all from the Narrogin community.

Question 1 - I am involved in events or I am aware there are events and activities held in our community that involve multi – generational family members.



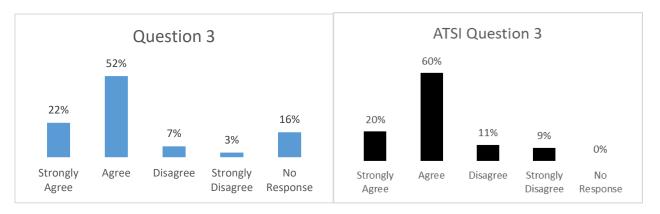
The data suggests that there are events and activities held in the community that involve multigenerational family members since 71% of total respondents agreed or agreed strongly, and 75% of Aboriginal respondents. This is a strong and positive result that can be built on. For the 12% of total respondents and 25% of Aboriginal respondents who were either not aware or not involved further consultation will be needed to determine why this is the case, particularly for the relatively high percentage of Aboriginal respondents. The 17% "No response" is mostly respondents who live outside Narrogin.

Question 2 - There are positive things for me to do other than sports and school sponsored events and activities.



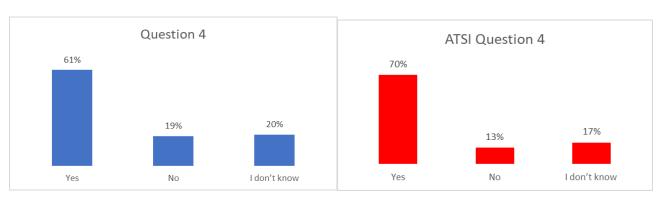
While a majority of total respondents have positive things to do other than sports and school sponsored events and activities, a significant minority (25%) don't. This represents 72 survey respondents, and probably a higher number of all the young people in town. This is a significant number of young people who are bored and looking for some excitement, and therefore likely to become involved in anti-social behaviour. Addressing this need as a priority is therefore likely to have a significant effect on reducing anti-social behaviour in town. The 14% "No response" is respondents who live outside of Narrogin.

Question 3 - I think that the towns projects and events are respectful for the various cultures of the community.



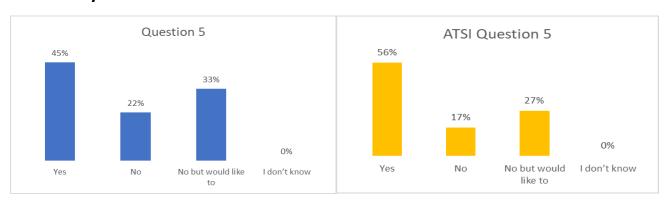
A high proportion of respondents, (74%), perceive local events and projects to be culturally respectful which is a positive result; this is even more positive when it is considered that 80% of Aboriginal respondents perceive culturally respectful events and activities are undertaken. Overall 10% of respondents disagreed and this statistic is much higher at 20% from Aboriginal respondents, believing this is not the case. Improved planning and implementation around the cultural respect component of town projects and events is likely to improve this perception. The 16% "No response" is mostly respondents who live outside of Narrogin.

Question 4 - There are people I respect within my community that could be a mentor to me.



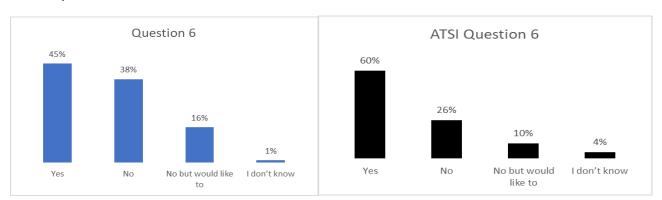
This is a troubling result with only 61% of young people surveyed perceiving there to be community members they respect who could be a mentor to them (slightly better for Aboriginal young people). It is also surprising in comparison with the responses to Statement 1 about multi-generational events. It suggests that even though the generations have opportunities to mix, there is a significant disconnect between younger and older members of the community, and a lack of broad-based leadership. This is a matter for whole-of-community discussion and addressing it is likely to be a multi-year process.

Question 5 - I have had opportunities to work with older people/elders regarding community matters.



Less than half of the survey respondents, 45%, have had opportunities to work with older people or elders. This also suggests a disconnect between young people in Narrogin and the older community. This statistic is not as high in Aboriginal respondents at 44% but is still a concern as it potentially implies a cultural disconnect between young aboriginal people and local elders. Of the 44% to 55% of respondents that claimed no opportunities to work with older people in the community, a significant proportion of that percentile expressed a desire to do so. This can indicate missed opportunities in the Shire, as 33% of young people engaged, would like to address this.

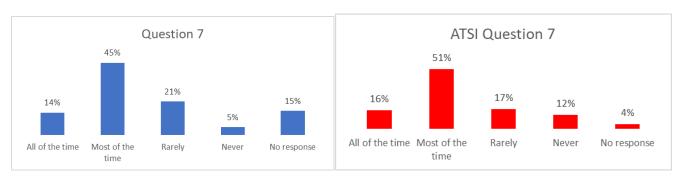
Question 6 - I have learned about my heritage, culture and my community through stories, interaction with senior citizens and cultural events etc.



A similar statistic to the above question is represented when young people were asked if they are learning about their local heritage and culture. Only 45% of young people stated they had learned about their heritage through elder interactions and cultural events. 60% of aboriginal respondents stated that they had, but this also indicates nearly 40% of aboriginal young people at risk by not or wanting to learn about their culture and heritage. Of those respondents that stated "No", 16% expressed a desire to do so, which raises the question of opportunities to undertake this practice. Only one quarter of the 40% of aboriginal respondents that stated "No", expressed a desire to engage and learn about their heritage and culture.

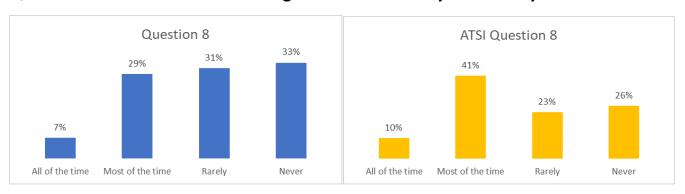
(This space is intentionally blank)

Question 7 - I think that in Narrogin the school and the community work together on shared objectives.



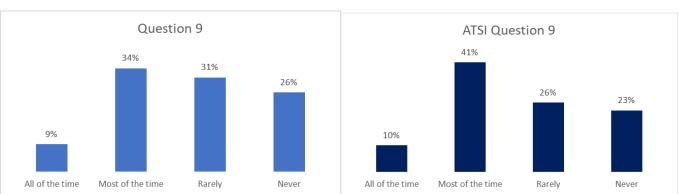
59% of young people surveyed believed that the schools and the local community worked together on projects events or objectives. 67% of Aboriginal respondents believed this occurs all, or most of the time. This leaves more than a quarter who believe to the contrary. It suggests that the school and the community are working together on shared objectives however not communicating this alignment well enough to the community and especially young people. The 15% "No response" is mostly respondents who live outside of Narrogin.

Question 8 - I am involved in making decisions about my community and its future.



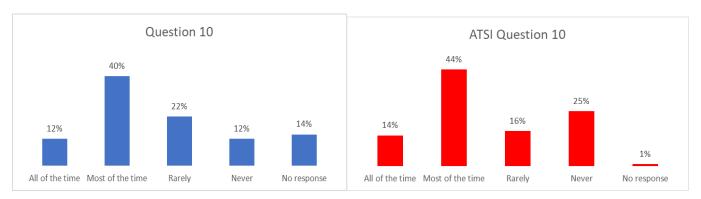
Only 36% of young people surveyed believe that they are involved in decisions made regarding the Narrogin community and its future. This is representative of a perception that the voice of young people is not a factor in determining important decisions of the community. The statistics are slightly higher from Aboriginal respondents at 51%, reflecting they are more involved. 64% of young people believe they are rarely or never involved in the decisions regarding the community. This matches a 2017 YMCA survey of young people across Australia that found that 66% of young people feel their age prevents them from being heard. This situation provides Narrogin with an opportunity to be a leader in Australia in giving young people a genuine voice in their community.

Question 9 - My ideas are listened to and I believe that this helps other complete work in the community.



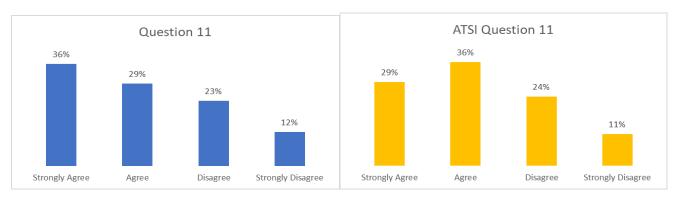
43% of respondents felt listened to and Aboriginal respondents at 51% was a consistent response linked to the previous question. This result for the total group is significantly better than for the previous statement (43% compared with 36%) perhaps suggesting a differentiation in their thinking between "being involved in making decisions" and "being listened to". For the Aboriginal young people this doesn't appear to be the case as their results are almost identical between the two statements.

Question 10 - I think that the Narrogin community invests money into projects and programs led by young people.



52% of young people believe the community invest money into ideas, projects and programs led by young people. This is a consistent statistic linked to previous questions and reinforce the perception of the voice of young people not being heard. This statistic is slightly higher in Aboriginal respondents, as 58% responded positively to this statement.

Question 11 - The Arts, Music and Library are important to me.



65% of young people agreed that art, music and the library was important to them. This was the same statistic from Aboriginal respondents. Appreciation for the arts, music and literature are widely considered to be an important part of becoming a well-rounded person and therefore this result has implications for the local schools, parents and the shire in developing this appreciation in more young people.

Note: The following questions were free text responses and findings provided are generalized to themes. All surveys and individual responses are held and available for further analysis as required.

# Question 12 - What is your life like at the moment?

Responses from young people in Narrogin were split equally between life being positive or a negative experience for them at the time they were surveyed.

For those that represented a positive outlook, a linkage to sports and local activities that motivated them featured prominently. Health and Wellbeing is intrinsically linked to physical activities and sports and this is reflected in the comments made. For those respondents that had a more negative outlook, themes of racism, school pressures, bullying and boredom were prominent in their responses.

# Question 13 - What do you want to achieve in life?

A strong theme in the responses provided was associated to having a family. Many respondents recognised this as a key outcome and achievement and this is an encouraging narrative from young people in Narrogin. There was significant representation of various professions ranging from professional careers and sports related careers. Some respondents represented a generalization associated with financial security.

# Question 14 - What would you like to see happen tomorrow?

There was some significant diversity in the responses to this question. References to the cessation of racism and bullying stood out in the responses. A greater variety of sporting and recreation activities including water activities in the summer months, a keen interest to have a cinema in Narrogin as well as various other retail options within the town was strongly represented.

The cessation of racism and a respect for cultural differences was articulated frequently along with a desire for programs for Noongar females. More youth workers and associated youth activities was also a theme throughout the responses provided to this question.

# Question 15 - What will you do to make this happen?

The resounding theme that respondents represented to this question was communication. "Talk to someone", "talk to the Shire", "talk to school leaders", "talk to local businesses", "talk to the YMCA", "write letters". "Get people to listen" and "convince them to do something", was another frequent response.

# Question 16 - Is there anything else you want to say?

There were limited additional responses that were not already captured in previous questions, however some themes that emerged from this question included requests for a community youth mentor, more youth workers in Narrogin, free WIFI at the Narrogin Regional Leisure Centre and Youth Camps. Several responses articulated the desire for cultural camps to be established that reconnected aboriginal young people to their country.

#### **CONCLUSIONS**

- 1. There is a positive culture of events and activities held in the community that involve multigenerational family members, however a significant proportion (25%) of the Aboriginal young people do not agree with this. The reasons why should be investigated.
- 2. Most young people have positive things to do other than sports and school sponsored events and activities, however a significant minority (25%) don't. Addressing this need as a priority is therefore likely to have a significant effect on reducing anti-social behaviour in town.
- 3. Most agree that town projects and events are respectful of the various cultures in the community however there is a minority who disagree, particularly among Aboriginal young people. Improved planning and implementation around the cultural respect component of town projects and events is likely to improve this perception.
- 4. There appears to be a significant disconnect between younger and older members of the community, and a lack of broad-based leadership by adults. This is a matter for whole-of-community discussion and addressing it is likely to be a multi-year process. A signal of hope is the one third of respondents who would like to engage more with adults in the community, in addition to the half (more for Aboriginal young people) who already do.

- 5. The school and the community are working together on shared objectives however not communicating this alignment well enough to the community and especially to young people.
- 6. Narrogin has an opportunity to be a leader in Australia in giving young people a genuine voice in their community since two thirds responded that they don't currently have a voice in making decisions in the Narrogin community, the same as a 2017 YMCA survey result across Australia. Responses to Question 15 make it clear they would like to have a voice.
- 7. Appreciation for the arts, music and literature are widely considered to be an important part of becoming a well-rounded person and therefore these not being important to one third of respondents has implications for the local schools, parents, local organisations and the shire in developing this appreciation in more young people.
- 8. Racism, bullying and boredom featured as key issues for respondents. Many suggestions were made by the young people to address these issues and provide an "easy win" for the town to listen to and implement at least some of these ideas quickly.

#### **RECOMMENDATIONS**

The recommendations provided in this section represent areas for consideration, support and advocacy by the Shire Council. These recommendations are not limited to those stated but can be further evolved as part of the presentation and engagement of this survey report across community and stakeholders.

Based on the feedback to date the following recommendations are tabled for consideration and subsequent advocacy and support by the Shire:

- 1. The establishment of a Youth Leadership Group be considered.
- 2. Develop a youth strategy and youth development action plan.
- 3. The mapping of relevant NGO services in Narrogin as part of the development of a youth strategy.
- 4. Establishment of an Inter-Agency forum that drives partnership and coordinated service delivery.
- 5. The activation and optimisation of space for young people in Narrogin be explored.
- 6. Develop proposals that enable resourcing and service delivery partnerships for young people in Narrogin.
- 7. Opportunities to fund developed programs should be explored in partnership with appropriate stakeholders.
- 8. The proposed strategy should encourage opportunities to conduct youth programs across the local community.
- 9. The proposed youth strategy includes opportunities that enables young people to connect with older people including Aboriginal Elders.
- 10. The development of education and transition to work initiatives for young people in Narrogin.

**Note:** After feedback from young people completing this survey, the YMCA has installed free Wi-Fi at the Centre.

#### **NEXT STEPS**

The following proposals are provided for consideration by the Shire and NIAA:

- The YMCA presents approved report to various community stakeholders NIAA, Schools, Organisations, and captures feedback.
- The Shire / YMCA invites the District Leadership Group to Narrogin and presents the engagement survey findings.

- The YMCA liaises with young leaders and representatives in the community and supports them to present the findings of their engagement survey to Council.
- Shire of Narrogin to consider its support and advocacy for the recommendations made in this report.
- National Indigenous Australians Agency to consider appropriate recommendations by YMCA made in this report.
- YMCA to provide a Community Youth Strategy and Youth Development Plan for the Shire of Narrogin.

### **SUMMARY**

- This report summarises a comprehensive process that has taken a considerable amount of time, months, to complete. There is significant data and supporting evidence that supports this summary report. In reaching this stage, reflections of the process and feedback received already, lends itself to achievable recommendations that could potentially have a positive impact within a short period of implementation. Utilization and optimization of current resources and assets can contribute to a tailored approach that enables a positive response to the input provided by young people in Narrogin.
- Whilst there is opportunity and "low hanging fruit" identified within the recommendations, the process of engagement should still be pursued to capture additional input from the youth cohort aged between 17 years to 24 years, as this age group is a key priority and focus to engage and support them transition into work and adulthood. This process has been challenging to obtain responses from this group, and whilst 47% of the total population age group engaged, may seem a high statistic, this is not necessarily a high actual number for a critical age group that is currently trending as more "disengaged in their community than engaged".
- It should be noted that there are other disengaged and at-risk young people within the community that may not have been represented fully within this process, however, YMCA staff in partnership with community stakeholders are undertaking strategies to capture their feedback in the following months as part of the development of a strategy and actions for Narrogin.
- This engagement project should be acknowledged as the commencement of a continued practice
  by the Shire that will facilitate closer engagement and understanding of issues and priorities for
  young people within Narrogin and its surrounds.

(This space is intentionally blank)

# Part 2



#### THE THEORY BEHIND THE YMCA WA YOUTH STRATEGY FOR NARROGIN

Significant work has been undertaken by the YMCA WA to research and develop its youth strategy, (Appendix C), called "Y-Time". This work has identified that this strategy and its foundations for any youth practice, support and service must be:

- Person-centered: each young person has the ability and desire for personal growth and change –
   we place the young person and their interests first and walk alongside them wherever their journey may take them.<sup>2</sup>
- Strengths-based<sup>3</sup>: a core belief that all individuals have strengths and resources the focus is on a young person's skills, interests and support systems identify what is going well, do more of it, and build on it.
- **Solutions-focused**<sup>4</sup>: support needed is best informed by the young person's view of what life would be like without their identified problem holds a person accountable for solutions rather than accountable for problems.
- Trauma-informed<sup>5</sup>: an understanding of the impact of trauma in order to create physical, psychological, and emotional safety for everyone and provide opportunities for survivors to develop a sense of control and empowerment.

As a consequence, this approach supports young people to:

- Learn to learn;
- Explore and grow their identity;
- Have a voice in their community;
- Have decision-making power about issues that affect them; and
- Meet their needs and aspirations.

The YMCA WA is a preventative organisation who works with all young people to prevent crisis and support them to recognise and fulfil their potential. The YMCA WA and Shire of Narrogin will work with young people inclusive of all cultures and abilities. Both the Shire and YMCA WA recognises that support, activity and youth work start where young people are at. Where young people are at is represented by four states:

- **Surviving** those who are 'at risk' and are living day to day with no real goals, aspirations or hope other than surviving.
- **Functioning** those who are generally doing what society 'expects' of them; unsure of goals or aspirations and may feel they have limited choices; may be socially isolated or on the fringes of various groups, may not know where or how they fit in.
- **Aspiring** those who are generally doing 'ok'; they have goals and aspirations but maybe do not know how to or have the means to achieve them.
- **Thriving** those who are generally doing 'well'; they know what they want to achieve and how to do it.

Where a young person 'is at' is constantly changing with their circumstances, as they face challenges or difficulties, and as they grow and develop. Where the YMCA WA engages with young people at risk and in

<sup>&</sup>lt;sup>2</sup> (Young,1997, and others)

<sup>&</sup>lt;sup>3</sup> (Pattoni,2012, and others)

<sup>&</sup>lt;sup>4</sup> (Van Breda, 2018, and others)

<sup>&</sup>lt;sup>5</sup> (The Australian Institute of Family Studies, 2016 and others)

crisis, we act as a broker to link young people to specialist services while supporting them to continue to access our activities and programs.

In developing the Youth Strategy some key factors were considered:

- Young people should have the same experience of youth work wherever they engage; best practice youth work is consistent and linked across the state.
- Many young people who engage with want to identify with their community; to have a sense of connection and belonging and be able to give back and contribute.
- Young people want to have their say; to have a voice and be able to make decisions around issues that are important to them within their community and beyond.
- The youth work should have a clear point of difference.
- The YMCA wants to make it easy for other YMCA associations and local government to adopt the same or a similar strategy. (A consistent approach).

#### **GOAL**

Establish a model of engagement, service and support ("Y-Time"), as the primary vehicle for YMCA WA's and Narrogin's approach to youth work.

## **AREAS OF FOCUS**

Based on the input and feedback received by young people and stakeholders within the community of Narrogin, the following areas of focus will be used to inform the Youth Development plan:

- **Developing leadership** Young people take part in, express views on, and have decision making power about issues that affect them.
- **Supporting physical and mental activity and wellbeing** Young people have access to a range of physical and mental activities, and are supported to develop resilience, emotional literacy and realise their potential.
- **Learning to learn** Young people build the capacity to think critically and reflect on their experiences to guide their own personal and social development.
- **Exploring self-identity** Young people are supported to explore their experiences, thoughts and feelings to develop their own identity.
- **Fostering connection and belonging** Relationships are the context in which youth development and empowerment occur. Young people increase their sense of connection and belonging, and their capacity to contribute to the world around them.

(This space is intentionally blank)

# Part 3

# The Shire of Narrogin & YMCA WA



#### NARROGIN YOUTH DEVELOPMENT PLAN

The input and feedback provided by the young people of Narrogin has informed the development of a plan that recognises current youth engagement and positivity, as well as aspects of the feedback that support a continuous improvement strategy to further supporting and engaging young people on issues and matters that are important to them and that enable them to aspire and thrive as opposed to merely surviving and functioning.<sup>6</sup>

The process and means to develop response statements from the feedback was a series of steps and actions as follows:

- Evaluate survey feedback,
- Consolidate and categorise responses,
- Identify key findings from the feedback,
- Articulate enabling activity that supports the findings and feedback,
- Align these to the Youth Strategy,
- Develop the qualitative statements and cross reference these to the feedback, findings and strategy,
- Develop actions and measurable outcomes against each statement

#### SERVICES AND SUPPORT

The Shire of Narrogin currently has services and supports that are either community or youth focused. The list of these relevant supports and services are listed at **Appendix B.** Agencies should be encouraged to interact, complement and partner each other to ensure there is no duplication of initiatives, programs and support services, and the community of Narrogin and its' young people have optimised resources serving the community: in some cases it will be pertinent for the Shire and its community to proactively request the establishment of necessary services and resource, evident in its current omission and availability.

#### WHAT OUR YOUTH TOLD US

Nearly 300 young people living in Narrogin and the surrounds were asked what their life was like?, what was important to them, what they wanted to achieve, and what they wanted more of in their community?

Their individual responses have been interpreted, evaluated and consolidated into ten (10) aspirations of young people in Narrogin and are listed as follows:

- Dedicated youth spaces and places to go,
- To feel safer as an individual within the community,
- More programs and events that explore music and the arts,
- Individual support (mental health) and the opportunity to talk to someone,
- Workshops that address issues like bullying, racism and self-esteem as well as how I feel,
- Opportunity to contribute to local issues and make decisions,
- More connection to "my culture", "our heritage" and the community
- To learn and develop life skills and have opportunities to find work
- Access to role models within the community,
- Improved retail and activity options,

This feedback is further extrapolated into response statements that enable progression towards a plan of actions and required outcomes to be achieved; they are listed as follows:

- "We want to have a voice and be heard."
- "We want to support our community to thrive and contribute on issues that affect us."
- "We want to have more choices and be more active."
- "We want to feel safe and secure."
- "We want opportunities to learn and grow."

The tables below are used to align and cross reference actions and outcomes from each survey response and youth strategy focus area with each response statement.

ITEM	YOUTH ASPIRATIONS
1.	Dedicated youth spaces and places to go.
2.	To feel safer as an individual within the community.
3.	More programs and events that explore music and the arts.
4.	Individual support (mental health) and the opportunity to talk to someone.
5.	Workshops that address issues like bullying, racism and self-esteem as well as how I feel.
6.	Opportunity to contribute to local issues and make decisions.
7.	More connection to "my culture", "our heritage" and the community.
8.	To learn and develop life skills and have opportunities to find work.
9.	Access to role models within the community
10.	Improved retail and activity options.

ITEM	YOUTH STRATEGY ALIGNMENT
1.	Developing leadership.
2.	Supporting physical and mental activity and wellbeing.
3.	Learning to learn.
4.	Exploring self-identity
5.	Fostering connection and belonging.

ITEM	RESPONSE STATEMENT
1.	We want to have a voice and be heard.
2.	We want to support our community to thrive and contribute on issues that affect us.
3.	We want to have more choices and be more active.
4.	We want to feel safe and secure.
5.	We want opportunities to learn and grow.

#### **RESPONSE STATEMENTS**

Listed below are the five (5) response statements that are cross-references to the youth aspirations and strategy. These tables identify actions, outputs and outcomes.

(This space is intentionally blank)

	Response Statement 1:			
"We want to have a voice and be heard"				
Youth Aspirations	6			
Strategy Alignment	1, 3, 5			

- Identify potential local leaders amongst young community of Narrogin.
- Youth Leadership Group established and functional in Narrogin.
- Development of annual projects and engagement with Shire of Narrogin.
- Local schools and other agencies engaged to promote initiative.
- Youth Forum for engagement and information sharing as well as addressing hot topics.

#### **Measurable Outputs:**

- Terms of reference for YLG established and endorsed by the Shire.
- YLG engages bi-annually with Council as part of Shire's annual program of work (APOW).
- Shire representative from the YLG attends annual YMCA WA Youth State Parliament to represent local issues.
- Annual survey identifies youth perception against quality statement 1 is progressing.

#### Measurable Outcome:

Increased % of young people report having a voice and being heard.

#### Indicators:

• % of young people who responded "Yes", "All of the Time" or "Most of the Time" to statements 7 and 9 in the 2020 Narrogin Youth Survey compared with 2019.

## **Response Statement 2:**

# "We want to support our community to thrive and contribute on issues that affect us."

Survey Response	3, 5, 6, 7, 8, 10
Strategy Alignment	1,2,3, 4, 5

#### Actions:

- Young people have opportunities to give back to their community via employment, peer support and volunteering.
- Initiatives are developed to give young people an opportunity to feedback on issues that are important to them.
- Resourcing and development of programs to deliver life and employment skills workshops.
- Development of culture and heritage initiatives that connect young people with Elders / senior members of the community.
- Establish an Inter-agency service forum to support young people in the community.

#### **Measurable Outputs:**

- Evidence of proposed actions being implemented and progressing.
- Evidenced increase of inter-agency collaboration within the Shire.
- Evidenced support by local schools to endorse and support YLG.
- Community youth forum provides input to future initiatives for the youth community in Narrogin.

# **Measurable Outcome:**

Increased % of young people report supporting and contributing to the community.

#### **Indicators:**

• % of young people who responded, "Strongly Agree", "Agree", "Yes", "All of the Time" or "Most of the Time" to statements 1, 5, 6, 7, 8, 9, 10 and 11 in the 2020 Narrogin Youth Survey compared with 2019.

Response Statement 3:					
"We v	"We want to have more choices and be more active".				
Survey Response	1, 3, 7, 8, 10				
Strategy Alignment	2, 4, 5				

- Source funding to resource program development.
- Development of Narrogin Regional Leisure Centre to become a Community Hub.
- Development of Art, Music and Sports programs and workshops.
- Improved access to communication technology.
- More variety of services and product offerings relevant to young people of Narrogin.
- Narrogin Youth Music Festival ("Diversion") in partnership with YMCA WA.

#### **Measurable Outputs:**

- Increased access to free Wi-Fi.
- Youth worker role in Centre establishment.
- Evidence of youth attendance and engagement at related events.
- Evidence of increase in diversity of activities and programs for young people in Narrogin.

#### Measurable Outcome:

Increased % of young people report having more choices and being more active.

#### Indicators:

• % of young people who responded, "Strongly agree", "Agree", "Yes", "All of the time" or "Most of the time" to statements 1, 2, 5, 10 and 11 in the 2020 Narrogin Youth Survey compared with 2019.

	Response Statement 4:			
"We want to feel safe and secure"				
Survey Response	1,2,4, 5, 8, 9			
Strategy Alignment	2, 3, 4, 5			

- Identify dedicated youth spaces within Narrogin community.
- Source additional funding for facilitated drop-in support activities and mobile outreach initiatives.
- Develop local initiatives to improve location aesthetics.
- Collaboration with other agencies to enable and deliver on idea generation and supports to deliver those requirements.
- Source funding to deliver additional social and topical awareness raising workshops and programs for young people.
- Inter-agency collaboration and resourcing to provide support to young people in Narrogin without duplication.

#### **Measurable Outputs:**

- Attendance of young people at locations, programs and workshops.
- Regular feedback mechanisms maintained.
- Spaces developed achieved though community initiatives.
- Funding sourced to provide support.
- Narrogin Regional Leisure Centre to deliver increased hours of youth focused activities.

#### Measurable Outcome:

• Increased % of young people report feeling safe and secure.

#### **Indicators:**

• % of young people who responded, "Strongly agree", "Agree" or Yes" to statements 1, 2, 3, 4, 5 and 6 in the 2020 Narrogin Youth Survey compared with 2019.

Response Statement 5:				
"We want opportunities to learn and grow."				
Survey Response	3, 4, 5, 7, 8, 9			
Strategy Alignment	2, 3, 4			

- Funding and other resources sourced to enable.
- Availability of youth staff, volunteers and peers to engage in individual and group activities that address relevant youth challenges in Narrogin.
- Inter-agency collaboration and partnerships for programs and support delivery all aligned to strategy and focus areas.
- Sourcing, resourcing and delivery of topical workshops, themed events and initiatives that address engagement responses.
- Life skills and social skills development.
- Alternative learning initiatives developed and implemented in Narrogin.
- Individual engagement and support for young people.
- Develop job readiness activities and linkages with Tafe and employment service agencies.

#### **Measurable Outputs:**

- Referrals by agency to required support agencies as a result of engagement with young people.
- Evidenced progress against individual goals and aspirations as required.
- Evidence of youth attendance and engagement at related events.
- Youth Community feedback acknowledges progression associated with quality statement.

#### **Measurable Outcome:**

Increased % of young people report having opportunities to learn and grow.

#### **Indicators:**

• % of young people who responded, "Strongly agree", "Agree", Yes", "All of the time" or "Most of the time" to statements 1, 2, 4, 5, 6, 7, 8, 9, 10, 11 in the 2020 Narrogin Youth Survey compared with 2019.

#### **SUMMARY**

There is confidence in the engagement process that has been undertaken and the input and feedback provided. This is reflected in the mapping of the responses and the youth strategy alignment to each of the quality statements.

There is a considerable number of each populating each statement thus providing strong linkage to what our youth said, the areas of focus based on their responses and the proposed actions; all of which, will enable the continuous improvement of youth engagement and provision of initiatives, events and support that aims to have a positive impact on them and the local community.

It is essential to monitor and review to ensure continued relevance, and that practice associated within the plan are still meeting youth community needs and or if additional actions should be included.

This is especially pertinent if the input from Narrogin youth identifies a particular area of focus or a principle change required within the development plan. This would be ascertained through continued communication and engagement with young people in Narrogin.

In the meantime, once the inter-agency forum is established a program of work will be established to implement the required actions identified and accountability for their implementation will be under the direction of the CEO Shire of Narrogin.

Mark Furr

General Manager

Youth Community & Leisure

YMCA WA



# **Narrogin Youth Survey 2019**

Thank you for taking the time to complete this survey, you are helping young people to be heard within your community and that is powerful.

The YMCA believes in the power of inspired young people and is committed to listening and supporting young people to reach their potential.

If you speak up, the more powerful and empowered young people will be and the results of this survey will inform a report and a plan that the YMCA hopes will be represent the opinion of young people, presented by young people, from your community.

Our aim is for several hundred young people to complete the survey, if we can do this, leaders within Local, State and Commonwealth Departments and Government will take notice.

Please indicate how much you agree or disagree with each statement.	Strongly Agree	Agree	Disagree	Strongly Disagree
I am involved in events or I am aware there are events and activities held in our community that involve multigenerational family members.				
There are positive things for me to do other than sports and school-sponsored events and activities.				
I think that the town's projects and events are respectful for the various cultures of the community.				

Please indicate your response against this statement.	Yes	No	Don't Know
There are people I respect within my community that could be a mentor to me.		19	

Please indicate your response against each statement.	Yes	No	No, but would like to
I have had opportunities to work with older people, Elders regarding community matters.	<b>VOI</b>		<b>60</b>
I have learned about my heritage, culture and my community through stories, interaction with senior citizens and cultural events, etc.		(4)	

Please indicate your response against each statement.	All of the time	Most of the time	Rarely	Never		
I am involved in making decisions about my community and its future.			00			
I think that in Narrogin the school and community work together on shared objectives.			<b>6</b>			
My ideas are listened to and I believe that this helps them complete work in the community						
I think that our community invests money in programs and projects led by young people.			30	60		
The arts, music and our library are important to me.						
What will you do to make this happen?						
What will you do to make this happen?						
s there anything else you want to say?						
It would also be really helpful if you could please complete the following:						
I am, 9-11 yrs □ 12-16 yrs □ 17-20yrs □ 21-25yrs □						
● I am of Aboriginal or Torres Strait Island descent, Yes □ No □						
● We mostly speak a language other than English at home. Yes □ No □						

Many thanks for taking the time, it's a great help.

# **APPENDIX B**

# **DIRECTORY OF RELATED SERVICES**

Service Area	Company/Organisation Name	Contact Name	Place	Phone	- Email	Website	Referral Needed?	Opening Hours	Places Serviced	Notes
Arts	Arts Narrogin		80 Federal Street Narrogin WA 6312	08 9881 6987	admin@artsnarrogin.com.au	www.artsnarrogin.com.au	No			A creative group of local people who pursue a variety of Arts
Disability Services	Accessability	Shanthi Collins	114 Federal Street, Narrogin WA 6312	98814557	shanthi.collins@accessability.org. au		Yes (GP)	Southern Wheatbelt		
Early Years	Moorditj Youth Foundation	Malcolm Jetta	43 Federal Street, Narrogin WA	04311 76882	malcolm@moordijyouth.com					Aboriginal Early childhood programs and youth services
Early Years	Early Years Network WACHS (WA Country Health services)	Ellen Smith	Narrogin Health Service, Williams Road, NARROGIN, WA, 6312	9881 0385	Ellen.Smith@health.wa.gov.au					
Early Years	REED - Regional Early Education and Development INC	Kylie Helgesen	Postal address - PO Box 390 Narrogin WA	08 6832 3825	kylie.helgesen@reedwa.org.au	www.reedwa.org.au				
Education	South Regional TAFE		Fortune St, Narrogin	9881 9000	narrogin@srtafe.wa.edu.au	https://www.southregionaltaf e.wa.edu.au/	No			TAFE
Education	Narrogin Senior High School			9881 9300						
Education	Department of Education Wheatbelt Education Regional Office	Yvette Harrison	Local Education Office Homer St Narrogin	98810000	yvette.harrison@education.wa.edu .au					
Education/Youth	Shooting Stars	Tiresa Foai	Narrogin High School		tiresa.foai@shootingstars.org.au	www.shootingstars.com.au		school hours		tools as the vehicles to drive greater engagement and
Emergency Support	Narrogin Women's Refuge			9881 6810						
Health	WACHS (WA Country Health services)	Wheatbelt Office	Narrogin Health Service, Williams Rd Narrogin	9881 0385		http://www.wacountry.health .wa.gov.au/index.php?id=99 3	Self referral			Allied health services including: detetics occupational therapy
Health	Narrogin Child Health Clinic			9881 0385						Early Initiatives Primary Health Services Aboriginal & Forres
Health	Amity Health			08 9842 2797	query@amityhealth.com.au	https://www.amityhealth.co m.au/	No			Aboriginal & Torres Strait Islander ATSI Wellbeing & Resiliency program
Mental Health	Great Southern Community Mental Health Service - Narrogin		Narrogin Health Service, Williams Road, NARROGIN, WA, 6312	08 9881 0700			Yes (GP)	Weekdays 8:30am - 4:30pm		This service provides comprehensive assessment and treatment for people with mental health problems.
Mental Health	HolyOake		New Ambulatory Care Building Narrogin Hospital, Williams Road, Narrogin, WA 6312	9881 1999	adminnarrogin@holyoake.org.au	https://holyoake.org.au/	No		Southern Wheatbelt	service Suicide prevention Alcohol and other drug
Mental Health	Rural Community Support Services (Counselling)			9881 3939						
Parenting	Wanslea - Parenting Connection	Jeni Pages		447622736	jpages@wanslea			northam based but provides outreach services to Narrogin		Parenting programs
State Government	Department for Family Support & Child Protection			9881 6548						
State Government	Department of Justice									
Youth	Avon Community Youth Services	Mandy Richardson	55 Fairway Street Narrogin WA 6312	0476 169 174	narrogin.youth@avoncs.org.au	www.avoncs.org.au	No			Drop In & Outreach Service
Youth	YMCA									
Youth	WAPoL - Youth Crime intervention officer	TBA								
Youth/Community	Girl Guides	Gwenda Savage	8 Clough Place Narrogin WA 6312	08 9881 1605		hhttps://www.facebook.com/ girlguidesnarrogin/	No			Empower girls and young women to grow into confident, self- respecting
Youth/Community	Narrogin Scout Group		7 Furnival Street Narrogin WA 6312	08 9883 6201		http://scoutswa.com.au/	No			Youth Group
Youth/Sport	Steven Michael Foundation	Liam Anthony	Fremantle Oval, Parry St, Fremantle	0408 929 960	liam@smfoundation.org.au	www.smfoundation.org.au	No			Sport Clinics/Nightfields

NARROGIN RE	GION SERVICE PRO	OVIDER CONTA	ACT LIST							
Service Area	Company/Organisation Name	Contact Name	Place	Phone	- Email -	Website	Referral Needed?	Opening Hours	Places Serviced	Notes
Arts	Arts Narrogin		80 Federal Street Narrogin WA 6312	08 9881 6987	admin@artsnarrogin.com.au	www.artsnarrogin.com.au	No			A creative group of local people who
Early Years	Early Years Network WACHS (WA Country Health services)	Ellen Smith	Narrogin Health Service, Williams Road, NARROGIN, WA, 6312	9881 0385	Ellen.Smith@health.wa.gov.au					
	nealth services)									
										Aboriginal Early
Early Years	Moorditj Youth Foundation	Malcolm Jetta	43 Federal Street, Narrogin WA	04311 76882	malcolm@moordijyouth.com					childhood programs and youth services
										ŕ
Early Years	Early Years Network WACHS (WA Country	Ellen Smith	Narrogin Health Service, Williams Road, NARROGIN, WA, 6312	9881 0385						
Early reals	Health services)	Elleri Sirilar	Nanogii i leatti Selvice, Williams Road, IMRROGIIV, WA, 6512	9001 0303	Ellen.Smith@health.wa.gov.au					
										Aboriginal health services Alied health services
										including: dietetics occupational therapy
Health	WACHS (WA Country Health services)	Wheatbelt Office	Narrogin Health Service, Williams Rd Narrogin	9881 0385		http://www.wacountry.health .wa.gov.au/index.php?id=99	Self referral			physiotherapy podiatry social w ork
	ricular scrviccoy					3				social work speech pathology Child development services Child health clinics and
										services Community midwife services Aboriginal & Torres
										Strait Islander ATSI Wellbeing &
						https://www.amityhealth.co				Resiliency program (Narrogin only)
Health	Amity Health			08 9842 2797	query@amityhealth.com.au	m.au/	No			Integrated Team Care Child & Parent Support program
										(CaPS) Chronic Disease –
										Integrated Chronic This service provides comprehensive assessment
Mental Health	Great Southern Community Mental Health Service -		Narrogin Health Service, Williams Road, NARROGIN, WA, 6312	08 9881 0700			Yes (GP)	Weekdays 8:30am -		and treatment for people with mental health problems.
THORIGIN TO COLOT	Narrogin			00 0001 0700			100 (01)	4:30pm		Services/Facilities:  Clinical Programs include:
										Clinical Programs include;  Child and Adolescent Mental Health Free counselling
Mental Health	HolyOake		New Ambulatory Care Building Narrogin Hospital, Williams Road, Narrogin, WA 6312	9881 1999	adminnarrogin@holyoake.org.au	https://holyoake.org.au/	No		Southern Wheatbelt	service Suicide prevention
										Alcohol and other drug prevention
Education	Department of Education Wheatbelt Education Regional Office	Yvette Harrison	Local Education Office Homer St Narrogin	98810000	yvette.harrison@education.wa.edu .au					
Education	South Regional TAFE		Fortune St, Narrogin	9881 9000	narrogin@srtafe.wa.edu.au	https://www.southregionaltaf e.wa.edu.au/	No			TAFE
Education	Narrogin Senior High School			9881 9300						
State Government	Department for Family Support & Child Protection			9881 6548						
Emergency Support	Narrogin Women's Refuge			9881 6810						
	Rural Community Support									
Mental Health	Services (Counselling)			9881 3939						
Health	Narrogin Child Health Clinic			9881 0385						Early Initiatives Primary
Youth	Avon Community Youth Services	Mandy Richardson	55 Fairway Street Narrogin WA 6312	0476 169 174	narrogin.youth@avoncs.org.au	www.avoncs.org.au	No			Drop In & Outreach Service
	Services									Empower girls and
Youth/Community	Girl Guides	Gwenda Savage	8 Clough Place Narrogin WA 6312	08 9881 1605		hhttps://www.facebook.com/	No			young women to grow into confident, self-
,			•			girlguidesnarrogin/				respecting, responsible community members
Youth/Community	Narrogin Scout Group		7 Furnival Street Narrogin WA 6312	08 9883 6201		http://scoutswa.com.au/	No			Youth Group
Youth/Sport	Steven Michael Foundation	Liam Anthony	Fremantle Oval, Parry St, Fremantle	0408 929 960	liam@smfoundation.org.au	www.smfoundation.org.au	No			Sport Clinics/Nightfields
	- oundaion									Uses netball and other
										tools as the vehicles to drive greater
Education/Youth	Shooting Stars	Tiresa Foai	Narrogin High School		tiresa.foai@shootingstars.org.au	www.shootingstars.com.au		school hours		engagement and attendance at school of young Aboriginal
										girlsShooting Stars is targeting 25 girls in
State Government	Department of Justice									years 7-9.
Youth	YMCA									
Youth	WAPoL - Youth Crime intervention officer	TBA								
Early Years	REED - Regional Early Education and	Kylie Helgesen	Postal address - PO Box 390 Narrogin WA	08 6832 3825	kylie.helgesen@reedwa.org.au	www.reedwa.org.au				
	Development INC	, , , , , , , , , , , , , , , , , , , ,			, , , , , , , , , , , , , , , , , , , ,					
Parenting	Wanslea - Parenting Connection	Jeni Pages		447622736	jpages@wanslea			northam based but provides outreach		
Disability Services	accessability	Shanthi Collins		98814557	shanthi.collins@accessability.org.		Yes (GP)	services to Narrogin  Southern Wheatbelt		Parenting programs
y Colvidos		Odili la	114 Federal Street, Narrogin WA 6312	230307	au		. 30 (01 )		<u> </u>	

Sport/Rec Area	Company/Organisation Name	Contact Name	Place	Phone	Email	Website	Referral
oportinec Area	Company/Organisation Name	Contact Hame		THORE	Linaii	Website	Needed?
			YMCA Narrogin				
	Upper Great Southern Junior		Regional Leisure				
Hockey	Hockey Association	Rodney Johnson	Centre	0409 625 428	ugshockeydo@gmail.com		N
			YMCA Narrogin				
			Regional Leisure				
Cricket	Narrogin Junior Cricket Club	Paul Blechynden	Centre	0427 580 481	narroginjuniorcricket@gmail.com		N
					gavin.de.gruchy@bankwest.com.au		
			Narrogin Hawks		narroginauskick@westnet.com.au		
ootball	Narrogin Auskick	Gavin de Gruchy	Football Club	0472 877 629			N
			Narrogin Hawks				
ootball	Narrogin Hawks	Karen Fazey	Football Club	0403 620 501	karen_garry@optusnet.com.au		N
			YMCA Narrogin				
	Narrogin Junior Basketball		Regional Leisure				
Basketball	Association	Roxanne McNab	Centre	0428 526 407	narroginbasketball@gmail.com		N
			YMCA Narrogin				
			Regional Leisure		strikersbasketballclub2015@gmail.		
Basketball	Strikers Basketball Club	Tanya Todt	Centre	0427 726 950	com		N
			YMCA Narrogin				
			Regional Leisure		blazersbasketballclub51@gmail.co		
Basketball	Blazers Basketball Club	Leanne Kickett	Centre	9881 6666	m		N
			Dryandra Regional				
	Dryandra Regional Equestrian		Equestrian Park,				
Horse-riding	Association	Joy Gray	Cuballing		dreamembers@westnet.com.au		N
			Dryandra Regional				
	Narrogin Pony & Riding		Equestrian Park,				
Horse-riding	Association	Sarah Wiese	Cuballing	0407 474 587	wiese@activ8.net.au		N
			Dryandra Regional				
			Equestrian Park,				
Horse-riding	Dryandra Pony Club		Cuballing		dryandraponyclub@gmail.com		N
.,			Clayton Rd,				
Tennis .	Narrogin Tennis Club	Dale Woodruff	Narrogin	0408 931 219	dale@byfields		N
			Thomas Hogg Oval,				
Athletics	Narrogin Little Athletics	Claire Levesque	Narrogin	0448 338 640	narrogindlac@gmail.com		N
			Old Railway Hall,				
Symnastics	Narrogin Gymnastics Club	Paula Raworth	Federal St, Narrogin	0400 179 477	ngngymclub.sec@gmail.com		N
-,			YMCA Narrogin		g.g,		
	Narrogin and Districts Netball		Regional Leisure				
Netball	Association	Lee Conlan	Centre	0428 815 029	nanddnasec@hotmail.com		N
40tbull	7 65001411011	LCC Cornari	YMCA Narrogin	0420 010 020	Tiandanasco enotman.com		
			Regional Leisure				
Swimming	Narrogin Swimming Club		Centre	9881 2651	nrlc.swimschool@ymcawa.org.au		N
Calisthenics	Narrogin Calisthenics Club	Heather Lange	Contro	9882 4011	narrogincaliclub@gmail.com		N
ae Kwon Do	Narrogin Tae Kwon Do	Owen Gath		9888 4054			N
ac INWUIT DU	Ogiii Tuo Itwoii Do	J. J	Lot 238 Williams -	0000 1001			
	Quarter Midget Youth		Kondinin Rd,				
Sneedway	Speedway	Bridgit Coakley	Narrogin	0458 350 111	quartermidgetproject@gmail.com		N
Speedway	Speedway	Driugit Coakley		U400 30U 111	quartermiugetproject@gmail.com		IN
			YMCA Narrogin				
Sauce de	Name air Innias Canada Cl. I	Andrew Drett	Regional Leisure	0004 4057			N.
Squash	Narrogin Junior Squash Club	Andrew Pratt	Centre	9881 1657	narroginsquash@outlook.com		N N
Archery	Dryandra Archery Club	Mike Fitzgerald		0427 030 308	dryandra.archery@gmail.com		N

#### YOUTH STRATEGY THEORY REFERENCES

Australian Infant, Child, Adolescent and Family Mental Health Association (2008) Challenges of Youth Participation.

http://www.copmi.net.au/images/pdf/Get-Involved/report\_fact02.pdf

The Australian Institute of Family Studies (2016) Trauma Informed Care in Child/Family Welfare Services.

https://aifs.gov.au/cfca/sites/default/files/publication-documents/cfca37-trauma-informed-practice.pdf

The Australian Institute of Family Studies (2011) Social Exclusion and Social Inclusion: Resources for Child and Family

Services. https://aifs.gov.au/cfca/publications/social-exclusion-and-social-inclusion-resources-child

Bandurra, A. (1977) Self-Efficacy: Towards a Unifying Theory or Behavioral Change. Psychological Review 1977, Vol. 84, No. 2, 191-215.

Benson, P. (2007) Positive Youth Development: Theory, Research and Applications.

https://fyi.extension.wisc.edu/youthadultpartnership/files/2015/08/Positive-Youth-Development.pdf

Dewey, J. (1961) Democracy and Education: An Introduction to the Philosophy of Education.

Farthing, R. (2012) Why Youth Participation. http://www.youthandpolicy.org/wp-

content/uploads/2017/06/farthing\_why\_youth\_participation.pdf

Franklin, A. & Franklin, B. (1990) Age and Power.

Freire, P. (1970) Pedagogy of the Oppressed.

Giroux, H. (1983) Theory and Resistance in Education: A Pedagogy for the Opposition.

Goleman, D. (1995) Emotional Intelligence.

Gramsci, A. (1971) Selections from the Prison Notebooks.

Hadfield, M. & Haw, K. (2001) 'Voice', young people and action research, Educational Action Research, 9:3, 485-502. Illich, I. (1970) Deschooling Society.

Jeffs, T. & Smith, M. (1990) Young People, Inequality and Youth Work.

Kolb, D. (1984) Experiential Learning.

Ledwith, M. (2001) Community work as critical pedagogy: re-envisioning Freire and Gramsci.

Models of Participation (2017) 360 Participation Model. <a href="https://360participation.com/models-of-participation/">https://360participation.com/models-of-participation/</a>

Pattoni, L. (2012) Strengths Based Approaches for Working with Individuals.

https://www.iriss.org.uk/resources/insights/strengths-based-approaches-working-individuals

Person Centered Therapy (Rogerian Therapy). <a href="https://www.goodtherapy.org/learn-about-therapy/types/person-centered">https://www.goodtherapy.org/learn-about-therapy/types/person-centered</a>

Shean, M. (2015) Current Theories Relating to Resilience and Young People: a Literature Review

https://evidenceforlearning.org.au/assets/Grant-Round-II-Resilience/Current-theories-relating-to-resilience-and-young-people.pdf

Simple Psychology (2018) Maslow's Hierarchy of Needs. https://www.simplypsychology.org/maslow.html

Social Exclusion Unit (UK, 2004) Breaking the Cycle: Taking stock of progress and priorities for the future.

https://webarchive.nationalarchives.gov.uk/+/http:/www.cabinetoffice.gov.uk/media/cabinetoffice/social\_exclusion\_task force/assets/publications 1997 to 2006/breaking report.pdf

Stivers, C. (2015) Solution Focused Brief Therapy Basics: Meet Insoo Kim Berg and Steve de Shazer.

https://thefamilytherapyblog.com/2015/04/10/solution-focused-brief-therapy-basics-meet-insoo-kim-berg-and-steve-de-shazer/

Tett, L. (2010) Community Education, Learning and Development.

Van Breda, A. (2018) A Critical Review of Resilience Theory and its Relevance for Social Work in Social work (Stellenbosch. Online) vol.54 n.1 Stellenbosch <a href="http://www.scielo.org.za/scielo.php?script=sci">http://www.scielo.org.za/scielo.php?script=sci</a> arttext&pid=S0037-80542018000100002

Young, K. (1997) The Art of Youth work.

Young Foundation (2009) Taking the Lead: Youth Leadership in Theory and Practice.

https://youngfoundation.org/wp-content/uploads/2012/10/Taking-the-Lead-October-2009.pdf