

FEBRUARY 2025 EDITION

Jessie House Activities



Clockwise from left:

Tony and Cristie
invested in a game of
Triominos;

Sandra being given a
hand massage and
manicure by Olivia;

Lisa and Ivy engaged in
a game of Rummikub.



From the Coordinator's Desk

Dear Homecare Community,

I hope you're all enjoying the summer and staying safe as we head into February. There's a lot happening in our community this month, and I'm excited to share some important updates with you.

First, mark your calendars for the Welcome to Narrogin event on 20 February 2025, from 4:00 pm to 7:00 pm at the Narrogin Regional Leisure Centre. This event is a wonderful opportunity to meet new faces, connect with long-standing community members, and see what Narrogin has to offer. We hope to see you all there!

On a more operational note, I want to inform our valued Narrogin Regional Homecare clients about an upcoming change. In July 2025, Homecare Packages will transition to the Support @ Home funding model. I want to assure everyone that there is absolutely nothing to be concerned about—we are committed to making this transition as smooth and seamless as possible.

As part of the process, we will be updating agreements to reflect the new funding structure. Expect to sign a new agreement in the coming months. This will ensure that all relevant information is clearly outlined and up to date. Rest assured, we will keep you informed every step of the way and are here to answer any questions you may have.

Additionally, I want to share some important health news. People aged 65 years and over can now access a free shingles vaccination under the National Immunisation Program (NIP). Shingles causes a painful, blistering rash and can lead to long-term nerve pain that may last for months. In rare cases, it can cause serious illness. As people get older, the risk of developing shingles and complications increases.

Vaccination is a safe and effective way to protect yourself from this disease. If you or a family member are eligible, talk to your health professional about the free shingles vaccine.

Thank you for your ongoing trust and support. If you have any questions or need assistance, please don't hesitate to reach out.

Looking forward to seeing many of you at the Welcome to Narrogin event!

Warm Regards,

Phyllis and the Homecare Team



Dates for your Diary

- 14 February 2025 Valentine's Day
- 17 February 2025 Random Acts of Kindness Day
- 18 February 2025 FEBRUARY GADABOUT: RSVP by 11th February
Wagin Swimming Pool & Historic Museum
- **20 February 2025** **Welcome to Narrogin 4pm-7pm**
Narrogin Leisure Centre, FREE entry
- 3 March 2025 Labour Day Public Holiday— Office Closed
- 8 March 2025 International Women's Day
- 20 March 2025 MARCH GADABOUT: Rsvp by 13th March 2025

MARCH GADABOUT

The March gadabout will be held on **THURSDAY 20 March 2025** where we will be heading to

York Motor Museum & Penny Farthing Sweets

PLEASE NOTE THIS GADABOUT WILL BE HELD ON A THURSDAY



The York Motor Museum offers a journey through motoring history, from vintage three-wheelers to iconic Bathurst race cars. Showcasing Peter Briggs' collection, loaned vehicles, and unique motoring memorabilia, it captures the speed, style, and passion of automobiles. A must-visit for any car enthusiast!

For lunch, we'll dine at the charming Imperial Homestead.

To round off the day, we'll visit Penny Farthing Sweets, where you can indulge your sweet tooth with a delightful array of local and imported treats. While there, enjoy exploring a captivating display of York's history, photos, and handcrafted souvenirs.

Cost of Trip: \$22.00

Admission: Free

Seats will fill fast for this trip!

Lunch will be held at the Imperial Homestead at your own cost, or bring your own!

Pick ups are between 8:00am—9:00am on THURSDAY 20 March 2025.

Express your interest in joining us on this trip by 13 March 2025.

APRIL GADABOUT

Pingelly Town Crawl



Come with us to check out our neighbours in Pingelly!

First stop, Pingelly Museum; which diverse historical displays, including Neil Gill's Sulky and Buggy Collection, the RSL Soldier Profiles from WWI and WWII, the Lost Pingelly Collection, People of Pingelly Past and Present, the original Telephone Exchange, War Memorabilia, Local Honour Boards, Pingelly inventions, a tool evolution exhibit, and rotational displays showcasing Pingelly's heritage.

Pingelly Community Craft Centre: A local co-op run shop and info centre that is packed full of handcrafted items, preserves, and plants.

Pingelly Op Shop: We cant leave town without checking the local op shop. Bring some loose change and see what you can find

Important Information:

Location: Pingelly Museum at the Town Hall, Community Craft Centre & the Op Shop

Date of Trip: Tuesday 15 April 2025

Cost of Trip: \$22.00 Payable to Homecare

Admission Fee: TBC

Lunch: The Exchange Hotel Pingelly at your own cost, or bring your own!

RSVP by: Tuesday 8 April 2025

Local Events

THEATRE 180 PRESENTS THE LIGHTHOUSE GIRL SAGA

By Jenny Davis & Hellie Turner • Directed by Stuart Halusz
Based on the Novels by Award-Winning Author Dianne Wolfer

"Superbly directed & performed with such heart & conviction by the actors. A spectacular fusion of theatre & cinema...prepare to be deeply moved."
- Billie-Jo Whitbread

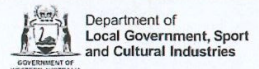
WHEN THE WORLD IS
DARK WITH WAR,
COURAGE AND
HEART LIGHT
THE WAY HOME.



7.30PM SATURDAY 8 MARCH
NARROGIN TOWN HALL

Tickets: \$30 Arts member, \$35 Concession
\$38 Adult, \$20 Student

BOOK NOW: ARTSNARROGIN.COM.AU



Department of Local Government, Sport and Cultural Industries
Department of Primary Industries and Regional Development



Local Events

WELCOME TO NARROGIN 2025 EVENT

DISCOVER, CONNECT, AND CELEBRATE

Date: 20 February 2025

Time: 4:00 PM – 7:00 PM

Location: The Narrogin Regional Leisure Centre,
50 Clayton Road, Narrogin

- Learn about local signature events and how you can join event committees to get involved;
- Discover service organisations that are based in Narrogin or serve the region;
- Explore current employment opportunities in the area;
- Find volunteering opportunities with local groups;
- Stay updated on local businesses and their offerings;
- Get involved in sports and recreation opportunities;
- Learn about education options available in town;
- Uncover arts & culture opportunities encompassing visual arts, performing arts, music, and more;
- Discover the latest updates on rebuilding the after-school care project and creating a community family hub;
- Make new friends and become part of your vibrant local community.

*The NRLC Crèche will be open for children aged 2 years and older. Bookings are essential via Perfect Gym or at the NRLC reception desk.



WELCOME TO NARROGIN EVENT

This is an accessible and inclusive event

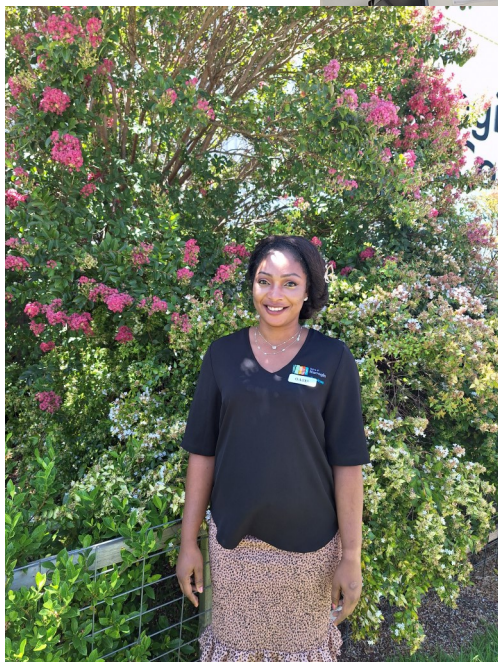


NARROGIN REGIONAL LEISURE CENTRE



4pm - 7pm
20 February 2025

Welcome Oasis Tench



Please join us in extending a warm welcome to Oasis Tench, who has commenced in the role of Client Services Officer at the Shire of Narrogin. We are excited to have her on board and confident that her skills and dedication will make a positive difference in the lives of our clients.

Monthly Activity

CAN YOU SOLVE THESE REBUS PUZZLES

<p>B B O W W</p>	 <p>EASY</p>	<p>COFFEE</p>
<p>CHOICE CHOICE CHOICE CHOICE</p>	<p>come → Spring Summer Autumn Winter</p>	<p>I'LL GET IT</p>
	<p>I'm You</p>	
<p>AGENT</p>		<p>noon good</p>

Monthly Activity

Rebus Puzzle Answers

1. Crossbow
2. Eggs over easy
3. Coffee break
4. Multiple choice
5. Come into season
6. I'll get over it
7. Raincheck
8. I'm bigger than you
9. Illegal (ill eagle)
10. Double agent
11. Rock n Roll
12. Good afternoon

NARROGIN REGIONAL HOMECARE

Jessie House, Clayton Road, Narrogin
(between the Leisure Centre and the Hockey Field)
PH: 9890 0700
Email: mcys@narrogin.wa.gov.au
www.narrogin.wa.gov.au



Shire of
Narrogin
Love the life