

Are **U** ready to survive **4 72** hours?

EMERGENCY READY

It's easy! **Three H's**

1. HEAD – Your Plan

- Our family/loved ones/friends have talked about what we can do to get ready for, and get through, an emergency or disaster.
- We have made emergency plans for staying at home and evacuating during an emergency or disaster (including pets).
- Our emergency plans cover the most likely emergencies and disasters that could affect our home/s.
- We know how to find the emergency broadcast stations on TV and radio.
- We have worked out 2 other good places we can meet in case we are separated during an emergency and can't make it to the muster points.
- We have worked out the best escape routes from where we live to the public emergency muster points.
- We know the emergency phone numbers we would need to call, including those of our family and friends.

2. HAND – Your Ready Kit

- We have our Ready Kit prepared if we have to evacuate without notice.
- Our Ready Kit contains all the items we will need to help us survive for 72 hours in the event of an emergency or disaster (e.g. food, water, medications, sanitation, first aid, lighting, warmth, amusement etc.).
- Our Ready Kit also contains copies of our personal identification and important documents (as photocopies or scanned onto a digital storage device).
- Our Ready Kit in a safe and easily accessible place.

3. HOME – Preparation around and in your home

- We are fully aware of the hazards and risks that could affect our home and our area (e.g. fire, flood, storms etc.).
- We have taken steps to reduce the impact of those hazards and risks
- We are ready at home to survive for 72 hours without any outside help (we have food and water stores, water, candles, batteries, etc.).
- We have comprehensive home and contents insurance, which includes cover for fire, flood and storms – and we are confident that we are not underinsured.