

NARROGIN HOMECARE, JESSIE HOUSE, 30 CLAYTON ROAD, NARROGIN 6312

Telephone: 9881 4455

Mission Statement: To support residents within the Town of Narrogin, Shire of Narrogin and the Townsite Of Cuballing, who are frail aged, or have a disability, to live safely and securely in their own homes.

NEWSLETTER NOVEMBER 2009

BANKSIA

Our Banksia Group will be taking an excursion to Perth on **Monday 9th November** where they will enjoy lunch (at own expense) and a movie. Pick-ups commence at 8.30am and drop-offs will be at approximately 5.30pm. Cost: \$30.00. Please let Karen or Karene know if you would like to be included in this excursion.

CARER'S SUPPORT GROUP

The next Carer's Support Group (Dementia) will be held on **Monday 23rd November** at The Cottage, Jessie House, Clayton Road from 11.00am to 1.00pm. This will be the last group meeting for 2009 and will be a shared luncheon. Please bring some lunch to share. Please call the office in advance if you need a Carer to care for your loved one whilst you attend the group.

COOLABAH SWIMMING GROUP

Narrogin Homecare clients can swim on Wednesday mornings in the heated pool at Narrogin Leisure free of charge. If you are interested in getting some exercise on a Wednesday morning by swimming, please call the Office on 98814455.

JARRAH

We have a special treat for our Jarrah Group as we will be travelling to the well-known Nepowie Stud Farm on **Tuesday 17th November**. It is high-season for the farming community and we will be able to see the harvesting of canola and/or hay and enjoy morning tea and a sausage sizzle lunch in the shearing shed. Pick-ups will commence at 8.30am and drop-offs will be around 4.30pm. Cost: \$20 per person. Please give Sally or Lyn a call on 98814455 to book your seat on the bus.

NAIL CLINIC

The next Nail Clinic will be held on **Thursday 19th November** commencing at 1.30pm at Jessie House. Pick-ups commence at 1.15pm. To make an appointment please telephone the office on 98814455.

SANDALWOOD GROUP

On **Thursday 26th November** Narrogin Homecare is holding a bring your own shared luncheon get together for Carers and their loved ones with a diagnosis of dementia. This Group will be an opportunity for the carers and care recipients to socialize, play boules (or other games of choice) and enjoy lunch in the supportive environment of The Cottage at Jessie House. Come along for the inaugural meeting

from 11.30am to 1.30pm on Thursday 26th November. Please call the office on 98814455 to register your interest.

WALK AND TALK GROUP

Why not join in the Narrogin Walk and Talk Group which meets to walk and talk on Friday mornings. If you are interested please call the Office on 98814455.

WATTLE

Lake Towerinning

We will be heading for the beautiful **Lake Towerinning** for a picnic in the bush on **Monday 23rd November**. We will be able to paddle and walk along the water's edge and relax under the shade of trees whilst enjoying a sausage sizzle and salad. Morning tea will be served at Arthur River. Please bring a hat to shield you from the sun. Pick-ups will commence at 8.30am and drop-offs will be around 4.00pm. Cost: \$25.00. Please ring Sally or Lyn on 98814455 to book your seat on the bus.

Mandurah - overnight excursion

An overnight excursion to Mandurah will take place on **Thursday 10th December** to see the **Christmas Lights** from a ferry in the canals. We will stay the night at The Atrium Hotel and have fish and chips at Nemo's in the evening before boarding the ferry. A continental breakfast is included in the cost of this excursion but lunch on Thursday and Friday will be at own expense. Pick-ups will commence at 8.00am on Thursday 10th December and drop-offs will be around 4.30pm on Friday 11th December. Cost: \$125.00 per person. Please call Sally or Lyn on 98814455 to place your name on the list.

Kalgoorlie - Mini-Holiday

Our proposed mini-holiday to Kalgoorlie in April/May 2010 has been shelved for the moment due to lack of numbers. We are working on an alternative destination around that time that will be just as interesting. Thank you to those clients who responded to our request for Expressions of Interest.

CHRISTMAS LUNCHEON

Our **Gala Christmas Luncheon** will be held at the Senior Citizen Centre on **Wednesday 16th December**. The cost will be \$20.00 per person and includes transport with pick-ups commencing at 11.00am. If you bring yourself the cost for the Christmas luncheon will be \$17.00 per person. We request that all clients be seated just prior to 12 noon. Come and enjoy our last social event for the year. Please ring Sally on 98814455 and place your name on the list.

WINDOW CLEANING

If anyone would like to have their windows cleaned please contact the office to have your named added to the list. Window cleaning is only done if there is a cancellation in the permanent roster, you will be contacted and offered a time to have your windows cleaned.

A MESSAGE FROM THE MANAGER'S DESK

Hi Everyone

It has been brought to my attention that not all clients are aware that we do have a service for Cleaning Gutters and Cleaning Windows on a yearly basis. If you would like either of these services, please call the Narrogin Homecare office on 98814455.

We have two new staff members, Paula and Jacki have joined our team. Unfortunately Ebony has left our employ and will be missed by us all.

I would like to remind all clients that we have Staff Training on Mondays and consequently we close the office on Mondays. If you need a taxi on a Monday you are able to call the Taxi Company direct and inform them that you are a client of Narrogin Homecare.

A reminder that if anyone has any complaints or continuous improvements please do not hesitate to call me. We aim to give excellence in the services we give and I want to know at any time if you have a suggestion of where we can improve.

Beautiful story..... makes you understand that things happen for a reason

The brand new pastor and his wife, newly assigned to their first ministry to reopen a church in suburban Brooklyn, arrived in early October excited about their opportunities. When they saw their church, it was very run down and needed much work. They set a goal to have everything done in time to have their first service on Christmas Eve. They worked hard, repairing pews, plastering walls, painting, etc, and on December 18 were ahead of schedule and just about finished. On December 19 a terrible tempest - a driving rainstorm hit the area and lasted for two days. On the 21st, the pastor went over to the church. His heart sank when he saw that the roof had leaked, causing a large area of plaster about 20 feet by 8 feet to fall off the front wall of the sanctuary just behind the pulpit, beginning about head high. The pastor cleaned up the mess on the floor, and not knowing what else to do but postpone the Christmas Eve service, headed home. On the way he noticed that a local business was having a flea market type sale for charity so he stopped in. One of the items was a beautiful, handmade, ivory coloured, crocheted tablecloth with exquisite work, fine colours and a Cross embroidered right in the centre. It was just the right size to cover up the hole in the front wall. He bought it and headed back to the church. By this time it had started to snow. An older woman running from the opposite direction was trying to catch the bus. She missed it. The pastor invited her to wait in the warm church for the next bus 45 minutes later. She sat in a pew and paid no attention to the pastor while he got a ladder, hangers, etc., to put up the tablecloth as a wall tapestry. The pastor could hardly believe how beautiful it looked and it covered up the entire problem area. Then he noticed the woman walking down the centre aisle. Her face was like a sheet. "Pastor," she asked, "where did you get that tablecloth?" The pastor explained. The woman asked him to check the lower right corner to see if the initials, EBG were crocheted into it there. They were.

These were the initials of the woman, and she had made this tablecloth 35 years before, in Austria the woman could hardly believe it as the pastor told how he had just gotten the tablecloth. The woman explained that before the war she and her husband were well-to-do people in Austria. When the Nazis came, she was forced to leave. Her husband was going to follow her the next week. He was captured, sent to prison and never saw her husband or her home again. The pastor wanted to give her the tablecloth; but she made the pastor keep it for the church. The pastor insisted on driving her home, that was the least he could do. She lived on the other side of Staten Island and was only in Brooklyn for the day for a housecleaning job. What a wonderful service they had on Christmas Eve. The church was almost full. The music and the spirit were great. At the end of the service, the pastor and his wife greeted everyone at the door and many said that they would return. One older man, whom the pastor recognized from the neighbourhood continued to sit in one of the pews and stare, and the pastor wondered why he wasn't leaving. The man asked him where he got the tablecloth on the front wall because it was identical to one that his wife had made years ago when they lived in Austria before the war and how could there be two tablecloths so much alike. He told the pastor how the Nazis came, how he forced his wife to flee for her safety and he was supposed to follow her, but he was arrested and put in a prison. He never saw his wife or his home again. The pastor asked him if he would allow him to take him for a little ride. They drove to Staten Island and to the same house where the pastor had taken the woman three days earlier. He helped the man climb the three flights of stairs to the woman's apartment, knocked on the door and he saw the greatest Christmas reunion he could ever imagine.

Kind Regards
Lynne Yorke
Manager
Community Care Services
Town of Narrogin